The Herald-Palladium

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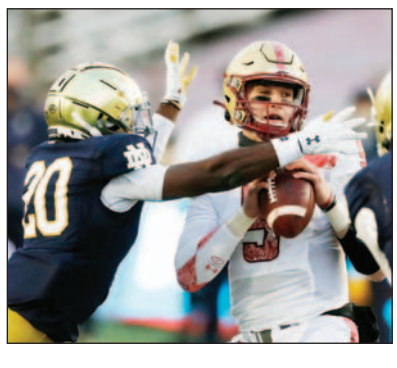
Sports, B1



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What's going on with Orchards Mall?

Ownership has been largely silent since pandemic hit

By TONY WITTKOWSKI
HP Staff Writer

BENTON TOWNSHIP — A stealthy phone number, a defunct website, the continued loss of anchor stores and two years worth of delinquent taxes.

That is the current state of The Orchards Mall.

The Benton Township mall reopened June 5 after closing, like many other businesses, during the first wave of the pandemic. Since then there has been only a trickle of information forthcoming about the 41-year-old facility.

The mall closed toward the end of March due to the state shutdown at the onset of the COVID-19 pandemic. Throughout the spring shutdown, the mall posted updates on social media letting followers know it would remain closed, as the shutdown grew longer and longer.

But after reopening in June, the mall went dormant on social media, with the exception of one post looking for potential tenants in July.

In addition, the mall's main phone number was changed prior to the pandemic, which has prevented the public from contacting anyone from the main office. While a new number was eventually created, it has not been updated on the mall's Facebook page.

The Herald-Palladium was able to speak with mall management twice in the last four months. Both conversations ended with the reporter being asked to call back the next day, but to no response. The majority of calls have gone unanswered, and no messages can be left for the manager because the voicemail box is full.

In-person visits to the mall were also unfruitful for The HP, as no management could be found at the main office, through multiple visits over the past two months.

There has been little new activity to report on the mall since it was bought by

See **ORCHARDS**, page A2

Don Campbell / HP staff

A car enters The Orchards Mall entrance, off Pipestone Road in Benton Township on Tuesday.

RIGHT ON SCHEDULE

Don Campbell / HP staff

A man walks past the Whirlpool Corp. Riverview campus in downtown Benton Harbor Tuesday morning after a brief snowstorm moved through Southwest Michigan, dropping the first measurable snowfall on the region.

SJ finishes major road project under budget

By JULIE SWIDWA
HP Staff Writer

ST. JOSEPH — The Kinglsey, Morton and Orchard avenues reconstruction project came in under budget and is a project to be proud of, St. Joseph city commissioners said Monday.

City Engineer Tim Zebell said he knows the work inconvenienced residents at times, but the project will serve them for years to come.

The work involved rebuilding the roads and replacing water mains and lead service lines, and the installation of a non-motorized path that will connect with a proposed path on Langley Avenue as part of that reconstruction project in 2021.

Zebell said the Kingsley, Morton and Orchard reconstruction project was completed on Nov. 6. It was to have started on March 27, with completion targeted by Sept. 18. But due to the COVID-19 pandemic and emergency orders, construction did not begin until May 4. The phasing of the project was reversed, beginning with work on Orchard and Morton while in-person learning at Lincoln School was suspended.

Mayor Mike Garey praised Zebell and Assistant City Engineer Alex Austin for their dedication to the project.

"You made it look easy, but we know it wasn't. It was challenging, but you can see all the improvements. Staff really made a difference," the mayor said.

Zebell said the engineering firm Abonmarche, along with Kalin Construction, were "great to work with."

Abonmarche was the consulting engineering firm completing the design, construction administration and inspection. Kalin Construction served as the general contractor.

Kalin's bid for construction was $2,647,000 and the project is expected to come in at just under that, Zebell said. The city had originally budgeted $3,795,000 for the project and later amended that to $3,365,000.

"It was a pretty successful project overall," Zebell said.

Commissioner Laura Goos called the finished product "beautiful," adding that the engineering team did a great job of keeping residents in the project area informed with weekly updates.

"You had quick responses to questions, and that means so much to our community," she said.

Garey said Zebell and his staff are a credit to the city.

"Tim, you did another fine job. Congratulations on the way you've done

See **PROJECT**, page A2

Don Campbell / HP file photo

A crew from Kalin Construction works on water and sanitary sewer lines near the corner of Orchard Avenue and Morton Avenue in St. Joseph this past June.

Keep the mask: A vaccine won't end the U.S. crisis right away

By CANDICE CHOI
Associated Press

NEW YORK — Don't even think of putting the mask away anytime soon.

Despite the expected arrival of COVID-19 vaccines in just a few weeks, it could take several months – probably well into 2021 – before things get back to something close to normal in the U.S. and Americans can once again go to the movies, cheer at an NBA game or give Grandma a hug.

The first, limited shipments of the vaccine would mark just the beginning of what could be a long and messy road toward the end of the pandemic that has upended life and killed more than a quarter-million people in the U.S. In the meantime, Americans are being warned not to let their guard down.

"If you're fighting a battle and the cavalry is on the way, you don't stop shooting; you keep going until the cavalry gets here, and then you might even want to continue fighting," Dr. Anthony Fauci, the nation's top infectious-disease expert, said last week.

This week, AstraZeneca became the third vaccine maker to say early data indicates its shots are highly effective. Pfizer last week asked the U.S. Food and Drug Administration for emergency authorization to begin distributing its vaccine, and Moderna is expected to do the same any day. Federal officials say the first doses will ship within a day of authorization.

But most people will probably have to wait months for shots to become widely available. The Pfizer and Moderna vaccines also each require two doses, meaning people will have to go back for a second shot after three and four weeks, respectively, to get the full protection.

Moncef Slaoui, head of the U.S. vaccine development effort, said on CNN on Sunday that early data on the Pfizer and Moderna shots suggest

See **VACCINE**, page A2

At least 2 races headed for recounts in Berrien County

By LOUISE WREGE
HP Staff Writer

ST. JOSEPH — There will be at least two recounts of the November election results in Berrien County – one for the District 5 county commissioner seat and one for the Galien village president.

Berrien County Clerk Sharon Tyler said the deadline for candidates to request a recount was Monday.

The Michigan Board of State Canvassers certified election results on Monday, but Tyler said she can't schedule the recounts until she receives official word from the board, which may not happen until next week.

"If, by chance, there's a statewide recount, we would do a countywide recount at the same time as a statewide," Tyler said.

In the District 5 race for county commissioner, Republican Bruce Gorenflo and Democrat Rayonte Bell each received 3,934 votes. State law requires that in the case of ties, the winner be determined by drawing lots out of a box before a recount can take place.

Gorenflo was declared the winner after pulling a piece of paper out of the box with the word "ELECTED" on it. Bell, who pulled the paper saying "NOT ELECTED" on it, then filed for a recount.

District 5 includes St. Joseph, Shoreham and precincts 1 and 2 of St. Joseph Township. The current District 5 commissioner, Bill Chickering, is retiring from the two-year seat.

Galien race

In the nonpartisan race for Galien Village Council president, challenger Paul Palmer edged incumbent Kenneth Chappell by two votes, 105-103.

See **RECOUNT**, page A2

Note to readers

Due to the postal holiday, there will be no print edition of The Herald-Palladium on Thursday. Happy Thanksgiving.

The Newspaper for Southwest Michigan

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Index

Classifieds	B4	Food	B5	Obituaries	A5	Sports	B1
Comics	B3	Health	B5	Opinion	A4	Television	B2
Features	B2	Local	A3	Puzzles	B2	Weather	A6

Tomorrow's Weather

High 50 Low 39

5 50645 49086 7

VACCINE

From page A1

about 70 percent of the population would need to be vaccinated to achieve herd immunity – a milestone he said is likely to happen in May.

But along the way, experts say the logistical challenges of the biggest vaccination campaign in U.S. history and public fear and misinformation could hinder the effort and kick the end of the pandemic further down the road.

"It's going to be a slow process and it's going to be a process with ups and downs, like we've seen already," said Dr. Bill Moss, an infectious-disease expert at Johns Hopkins University.

Shots in arms

Once federal officials give a vaccine the go-ahead, doses that are already being stockpiled will be deployed with the goal of "putting needles in people's arms" within 24 to 48 hours, said Paul Mango, a U.S. Department of Health and Human Services official involved in the Operation Warp Speed effort to develop COVID-19 vaccines.

Those first shipments are expected to be limited and will be directed to high-risk groups at designated locations, such as front-line health care workers at hospitals.

Federal and state officials are still figuring out exactly how to prioritize those most at risk, including the elderly, prison inmates and homeless people. By the end of January, HHS officials say, all senior citizens should be able to get shots, assuming a vaccine becomes available by the end of 2020.

For everyone else, they expect widespread availability of vaccines would start a couple of months later.

To make shots easily accessible, state and federal officials are enlisting a vast network of providers, such as pharmacies and doctor's offices.

But some worry long lines won't be the problem.

"One of the things that may be a factor that hasn't been discussed that much is: 'How many will be willing to be vaccinated?'" said Christine Finley, director of Vermont's immunization program. She noted the accelerated development of the vaccine and the politics around it have fueled worries about safety.

Even if the first vaccines prove as effective as suggested by early data, they won't have much impact if enough people don't take them.

No magic bullet

Vaccines aren't always effective in everyone: Over the past decade, for example, seasonal flu vaccines have been effective in about 20 percent to 60 percent of people who get them.

AstraZeneca, Pfizer and Moderna say early trial data suggests their vaccine candidates are about 90 percent or more effective. But those rates could change by the time the studies end.

Also, the definition of "effective" can vary.

Rather than prevent infection entirely, the first COVID-19 vaccines might only prevent illness. Vaccinated people might still be able to transmit the virus, another reason experts say masks will remain crucial for some time.

Another important aspect of vaccines: They can take awhile to work.

The first shot of a COVID-19 vaccine might bring about a degree of protection within a couple of weeks, meaning people who get infected might not get as sick as they otherwise would. But full protection could take up to two weeks after the second shot – or about six weeks after the first shot, said Deborah Fuller, a vaccine expert at the University of Washington.

LOTTERIES

Tuesday drawings

Michigan
Midday Daily 3
3-6-8
Midday Daily 4
3-4-2-3
Mega Millions jackpot
$200 million
Powerball jackpot
$202 million

Monday drawings

Indiana
Cash 5
10-19-29-30-31
Cash4Life
05-11-40-55-59, Cash Ball: 2
Quick Draw Midday
04-08-09-14-22-25-28-32-39-41-45-46-58-62-63-65-68-73-77-80, BE: 73
Daily Three-Midday
5-2-2, SB: 9
Daily Three-Evening
9-2-2, SB: 7
Daily Four-Midday
4-5-3-0, SB: 9
Daily Four-Evening
7-3-2-2, SB: 7
Quick Draw Evening
01-09-11-21-26-32-34-37-38-39-45-50-52-56-60-62-72-74-76-80, BE: 74

Illinois
Lotto
03-19-25-35-39-52, Extra Shot: 18
LuckyDay Lotto Midday
02-12-19-26-34
Pick Three-Midday
2-6-5, Fireball: 9
Pick Three-Evening
2-4-5, Fireball: 9
Pick Four-Midday
7-0-8-0, Fireball: 8
Pick Four-Evening
4-9-8-1, Fireball: 1
Lucky Day Lotto
05-06-14-19-30

– The Associated Press

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ORCHARDS

From page A1

Durga Property Holdings in November 2018. While it is still owned by the Cincinnati firm, it is now under management by Bedi & Associates LLC – a consulting agency.

Recent calls made to both entities were not returned.

Benton Township Building Inspector Chris Fuchs said he hasn't spoken with anyone from the mall's ownership since early September.

However, Fuchs is pleased the owners have made strides to improve the building.

"It's a rare occasion I get over there," Fuchs said. "They were doing better on the cleaning front. I was pleased with what I saw this summer. They now have a regular cleaning and maintenance schedule. They're working on lighting and keeping signs up to date."

Taxes and bills

The mall's previous owner became known in the Berrien County Treasurer's Office for the tendency to wait until the 11th hour to pay the bare minimum on the mall's late property taxes.

As of this week, Treasurer Shelly Weich said the current owners owe the county about $67,700 in property taxes, split across 10 parcels.

Those totals stem from delinquent taxes in 2018 and 2019. As no property can have outstanding taxes for a three-year period, Weich said mall representatives have to at least pay off the 2018 taxes by March 31, 2021 – or the mall faces foreclosure.

Weich said the mall is already on a payment plan with the county for its two years worth of delinquent taxes.

However, ownership reached out to the county in April, requesting a lower payment for all of its properties.

"They had spoken to (former Treasurer) Bret (Witkowski) previously to make arrangements, and they have carried forward with that," Weich said. "The request was due to the shutdown brought on by the pandemic. They have been making that payment each month. But it's not going to be enough."

Photos by Don Campbell / HP staff

Customers arrive at The Orchards Mall in Benton Township on Tuesday.

A sign advertises space for lease Tuesday morning at The Orchards Mall in Benton Township. The mall is still in search of other retailers, to help fill the gaps left by stores that have closed or left.

Benton Township officials have kept an eye on the mall after at one point it was forced to turn off the building's water, due to unpaid utilities. The township nearly did so again in January 2020, until mall owners paid up.

Supervisor Cathy Yates said the township again recently contacted the owners regarding overdue utilities.

"They are paying what they need to to keep it open," Yates said. "They are allowed to be one month behind, like residents. Because the mall is so big, their water bill is going to be more than the average house."

Although there are a handful of small stories that remain open, it is not entirely clear what the mall's occupancy rate is, whether the owners are on track to pay the minimum in property taxes to stay open, or what stores the owners are focusing on to try to replace the vacant anchor stores.

Over time the mall lost all its main anchor stores – Sears, Carson's and J.C. Penney – which included two leaving in the past three years. These difficulties are not limited to Orchards Mall, as similar retail structures all across the country are suffering similar fates. Online shopping and competition from other big box chains have systemically eroded the popularity of hundreds of traditional indoor malls.

At Orchards, since the Bath & Body Works recently left for Fairplain Plaza, the biggest attraction has been the JoAnn Fabrics store.

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RECOUNT

From page A1

Even though Palmer was the challenger, he's not new to being president of the village. If he is still the winner after the recount, this will be his third term in the two-year seat.

In the 2018 election, Palmer was the incumbent, with Chappell prevailing as the challenger.

Chappell said he ran two years ago because he wanted to bring new businesses into the village.

"Paul won by just two votes," he said. "That's way too close not to have a recount."

Palmer served on the village council for about 15 years, with the last four as president. During 13 of those years, he said that his wife, Christine Palmer, was village clerk.

Palmer said his wife resigned as clerk in 2018 when Chappell was elected president.

Now it appears both of them will again be on the village council (unless the recount changes the result). In the November election, Christine Palmer won an unopposed seat as a village trustee.

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PROJECT

From page A1

things," the mayor said.

City resident Jack Sanderson said he owns a rental property on Kingsley Avenue. He told the city commission in a meeting held via Zoom on Monday, "It was absolutely amazing. We had one issue, and it was resolved instantly."

Garey said the project would not have been possible if not for city residents' willingness to accept a 2.6 percent increase on their property taxes.

"Our residents are seeing their tax dollars invested back into making this a better place to live, work and play," the mayor said.

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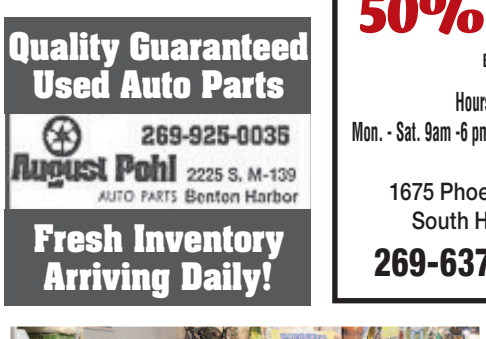

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SJ officials pleased with clean audit report

By JULIE SWIDWA
HP Staff Writer

ST. JOSEPH — The city is in great shape financially, due in large part to fiscal responsibility by city staff, St. Joseph Mayor Mike Garey said following an audit report.

"It's the city staff that puts us in this healthy position. The mindset at City Hall is not to spend money. Our staff understands that the money is not ours, it's the taxpayers'," the mayor said. "This makes us a very strong city financially."

The annual audit report for the fiscal year that ended June 30 was presented via Zoom on Monday to the city commission by Dane Porter of the CPA firm Maner Costerisan.

The city began the year with a general fund balance of $4,054,206. Revenues were $9,346,659 and expenditures were $7,730.001 – a difference of $1,616,658. After transfers to other funds, $528,168 was added to the general fund balance, bringing it to $4,582,374.

However, City Manager John Hodgson explained, not all of that is available to spend.

For example, the city years ago set aside $1 million in a Budget Stabilization Fund that can only be used to prevent or offset a deficit, and requiring a two-thirds vote of the commission, so that $1 million is not not available for normal budgeting.

Hodgson said the actual amount available as an unassigned fund balance as of June 30 was $3,208,360.

The city, once the annual audit is complete, sets a target fund balance for the general fund and transfers the rest to the Capital Improvement Fund to pay for large or unique projects, Hodgson said. This year that transfer will be about $900,200.

The last few years, the city has set a target unassigned balance of the general fund at 20 percent of the budgeted operating expenses. This year, because of uncertainties due to COVID-19, the city will set the targeted balance at 25 percent in case of unanticipated costs or reduced revenues.

Hodgson said after the transfer to the Capital Improvement Fund, the remaining $2,308,000 general fund balance represents about three months of operating expenses.

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Photos by Becky Kark

American Legion Post 49 member Valerie McPeak spent Sunday cutting and packing pumpkin and apple pies for Thanksgiving meals prepared for seniors and veterans, as part of the annual Larry Carlson Memorial Senior Thanksgiving Dinner. For this year's meal, McPeak made 15 homemade pies by herself.

Thanksgiving dinner, to go

South Haven legion serves up a take-out holiday meal

By BECKY KARK
For The Herald-Palladium

SOUTH HAVEN — For the past 19 years, the South Haven Sons of the American Legion have rolled up their sleeves each November to prepare and serve a hearty Thanksgiving dinner for several hundred local senior citizens and military veterans.

This year's meal, on Sunday, was no exception – though it was a little different due to pandemic-related restrictions.

Instead of inviting older adults to American Legion Post 49 for a sit-down, buffet-style dinner, volunteers prepared and boxed meals for take-out or delivery only.

To get ready for the task, Legion members such as Dale Sherriff several weeks ago began taking reservations by calling local senior centers and older adult housing complexes, such as Harbor View and River Terrace apartments.

"We do this every year," Sherriff said. "This year we added Maxwell Place apartments."

With several phone calls and by getting the word out about the take-out reservations, Sherriff's reservation list grew quite a bit.

Sons of the American Legion member Dale Sherriff stands next to dozens of Thanksgiving takeout meals prepared Sunday as part of the organization's annual Larry Carlson Memorial Senior Thanksgiving Dinner. The organization prepared and packed approximately 300 meals this year.

"It's up to 270," he said on Sunday as volunteers prepared to distribute meals and wait for more take-out orders.

By the time everything was said and done, the Legion prepared several dozen last-minute orders for seniors and veterans.

"We served until we ran out of food," volunteer April Dornan said. "Between delivery and pickup I'm sure there were 300."

The numbers of meals reserved during a pandemic didn't come as much of a surprise to Sons of the American Legion member Ben Newton, who oversees preparation of the annual Thanksgiving dinner.

Prior to this year's COVID-19 restrictions, the Legion not only served a buffet-style meal at its hall, but also prepared take-out meals.

"On average we have 325 pick-up orders," he said. Even though members weren't sure what to expect this year, they still planned for about the same number of meal requests.

It takes an estimated 24 turkeys, many pounds of potatoes, lots of green beans and stuffing, several hundred dinner buns and two tables filled with desserts to fulfill the Thanksgiving meal requests.

Legion members originally spent their own money to buy the groceries. But over the past several years, Meijer has donated most of the products.

Preparing a Thanksgiving meal for several hundred people is not a last-minute endeavor.

"It takes three to four days," Newton said.

But as with most holiday meals, the day-of preparations tend to be the busiest and most intense.

"We start early and stay late," Dornan quipped.

Approximately 15-20 volunteers from the Legion gather every year to prepare the meals for seniors and veterans.

The idea of preparing a Thanksgiving dinner started with the late Larry Carlson, a member of the Legion. At the time, he simply said he wanted to make the holiday happier for older adults who may not have loved ones nearby to enjoy a meal with. Last year, when Carlson died, the Legion decided to rename the annual event in honor of him.

The Sons of the American Legion say Carlson's spirit buoys them to continue the tradition, especially this year with health officials throughout the country urging Americans to stay home and limit the number of people they are around during the Thanksgiving holiday in an effort to battle the COVID-19 surge.

"Our veterans can't get out anymore. We do it for them and for our other seniors," Sherriff said.

Hospitalizations from COVID hit critical level

Berrien, Cass, Van Buren all record deaths Tuesday

By ALEXANDRA NEWMAN
HP Staff Writer

ST. JOSEPH — The number of COVID-19 hospitalizations at Spectrum Health Lakeland hit a new high Tuesday, at 69 patients.

That's more than the number of patients hospital officials had said last week they can reasonably take care of before staff is spread too thin – even if they have the bed capacity.

The 69 patients is up from 65 on Monday and 59 last Tuesday.

In addition on Tuesday, Berrien County recorded 111 new COVID-19 cases and three deaths.

The additional deaths brings the county up to 102 total deaths.

Over the last seven days, the county has averaged about 133 new cases each day. Last Tuesday, the average was about 140.

Forty new recoveries were reported Tuesday, bringing the number of active cases in the county up to about 3,173. That's up from about 2,416 last Tuesday.

Van Buren County recorded 67 new cases Tuesday, along with two new deaths.

Cass County recorded 35 new cases Tuesday, along with one new death.

COVID-19 tallies may not be updated over the holiday weekend. To check the latest figures, visit www.bchdmi.org, https://vbcassdhd.org/covid-19, or www.michigan.gov/coronavirus.

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VB Sheriff's Dept. lands $127,680 in CARES Act funding

By HP STAFF

With the surge in COVID-19 cases and deaths in Van Buren County this fall, county sheriff's department now has equipment and supplies to help health officials grapple with the recent surge in cases and deaths.

Due to a $127,680 grant from the federal government's CARES Act (Coronavirus, Aid, Relief and Economic Security Act), the sheriff's department has been able to purchase two trailers, traffic cones, folding tables, chairs, a generator and an "EZ"-up tent to use for the set-up of mobile drive-up COVID-19 testing sites and future mobile vaccination sites, according to a news release from the department.

The department also acquired updated in-car computers, laptops for its Emergency Operation Center and administration staff.

The computers will allow sheriff's staff to work from remote locations, such as mobile testing sites, and can be easily sanitized.

The supplies and equipment are coming at the right time, as COVID-19 cases and deaths are spiking throughout Van Buren County and the rest of the state.

As of Tuesday, the Michigan Department of Health and Human Services has recorded 2,357 cases of COVID-19 in Van Buren County and 30 deaths, up from 1,627 cases and 21 deaths just two weeks ago.

Van Buren County Sheriff Daniel Abbott has been watching the COVID-19 numbers closely, according to the release.

Shortly after the CARES Act was enacted in March, he said his staff began producing a list of items that would be needed to help health officials deal with mobile testing, and eventually mobile vaccination sites.

"Our office worked closely with Ryan Post, director of the finance department for the county, in securing these funds," Abbott said. "This was huge not only for our office, but for the taxpayers of the county. By securing these funds, no additional county tax payer dollars were used to purchase the equipment."

IN BRIEF

Opening of Howard ice arena delayed

ST. JOSEPH — The COVID-19 pandemic has delayed the opening of the Howard Ice Arena in St. Joseph.

The arena was to have opened for the season Nov. 21, but due to new orders issued by the Michigan Department of Health and Human Services earlier this month, it now must remain closed until Dec. 8, City Manager John Hodgson said Monday.

Once the ice arena opens, there will be limited hours and capacity, with skaters allowed in by reservation only, in two-hour time slots.

Watch the city's website at www.sjcity.com for updates.

Lakeshore Virtual Academy sign-ups due by Tuesday

STEVENSVILLE — Lakeshore parents have until midnight Tuesday to decide if their children will attend school in person or virtually for the second semester, which starts the third week in January.

The school district created the Lakeshore Virtual Academy for students who don't want to attend in the traditional face-to-face school setting due to the COVID-19 pandemic.

No action needs to be taken if the student is now attending in person and will continue to attend in person for the second semester.

An online form needs to be filled out if the student is:

- In LVA and wants to stay there;
- in LVA and wants to switch to in person learning;
- currently attending school face-to-face and wants to switch to LVA.

More information and the online form can be found at www.lakeshoreschools.k12.mi.us.

2 who survived Lodge freeway crash killed by 3rd vehicle

DETROIT (AP) — Two people who survived a collision between two cars along a Detroit freeway were struck and killed by a third vehicle as they stood next to their car on the freeway, state police said.

Michigan State Police said both people died instantly Sunday night when a vehicle struck them and their car after they exited it and were standing by it on the Lodge Freeway.

The victims' car was blocking the freeway's left southbound lane after colliding with another car that ended up along the freeway's right shoulder, state police said in a statement.

The Herald-Palladium Editorial Board:
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Bail reform has not unleashed violence

Steve Chapman

The book of Ecclesiastes advises that the Almighty sends rain to fall on both the just and the unjust. American incarceration policy follows the same pattern. We've always locked up people who have been convicted of crimes. But in recent decades, we've made a practice of also jailing people who have not been convicted of crimes.

On any given day last year, some 631,000 people were held in city and county jails. Of that group, 75 percent are awaiting trial – and, in our system, entitled to the presumption of innocence. But many defendants have learned that the presumption of innocence and $3 will get you a Starbucks latte. They are in jail for lack of the money to make bail.

This phenomenon has contributed to mass incarceration. In 1999, notes the Prison Policy Initiative, the number of convicted criminals held in local jails has been stable – while the number of people merely awaiting trial has soared. Over the next 15 years, 99 percent of the growth in the jail population came from locking up people who have not been found guilty of anything. They were defendants who were denied bail or, more commonly, couldn't pay it.

Americans who run afoul of the police are generally entitled to be free until trial. The 14th Amendment says no one may be deprived of "life, liberty or property without due process of law." The 8th Amendment says, "Excessive bail shall not be required." Bail is supposed to serve two purposes: ensuring that defendants show up in court and protecting the community from those who pose a clear danger.

But huge numbers of those detained languish behind bars for days, weeks or months simply because their bail exceeds their financial means. Meanwhile, other defendants charged with the same offenses walk free because they have the money to buy their way out.

Those unjust realities have spawned a movement to eliminate cash bail for most defendants, replacing them with "personal recognizance bonds" – a signed promise to appear in court. Among the jurisdictions that have adopted the change is Cook County, which, in 2017, began using money bonds less often, while reducing the amounts on those it imposed.

But this year, Chicago has been hit with a tidal wave of shootings and homicides, and critics – notably Police Superintendent David Brown – immediately blamed those bail reforms. If more arrestees were required to provide money for bail, the argument goes, fewer of them would be released and the community would be safer.

There's some truth to this theory. If everyone arrested were denied bail, none would commit crimes. But that's never been a realistic approach. Even before Cook County adopted these changes, the great majority of defendants were freed before trial.

The reforms, in fact, have had only a marginal effect on the number of defendants allowed out – rising from 77 percent of those arrested to 81 percent, according to a new study by criminologists Don Stemen and David Olson of Loyola University Chicago, who examined the six months before and after the reforms took effect. That represents 500 more defendants.

The difference is that 57 percent of those freed didn't have to come up with cash, compared with 26 percent before. And 80 percent of those released didn't miss a single court appearance, only a slight decline. There was a huge measurable benefit to defendants and their families – a savings of $31 million in bail costs.

From the evidence, the releases didn't generate a surge in violence. Before and after the changes, about 17 percent of the released defendants were rearrested. The share rearrested for violent crimes also remained stable, at about 3 percent. The overall crime rate, Stemen and Olson found, was not affected.

What's often forgotten is that the bail reforms don't prevent judges from denying bail to any arrestee who appears to be dangerous. In fact, the number of defendants held without bond doubled – mostly those charged with violent crimes, weapons offenses and other serious felonies.

Still, freeing an additional 500 defendants equates to about 85 new charged offenses and about 15 new violent ones. But those numbers don't make the reforms a bad idea. To foil one person who would allegedly commit a violent crime, the county would have to lock up 32 people who wouldn't.

We're justified in keeping people behind bars because they are guilty. But to keep them behind bars because they are poor – well, that's a crime.

Steve Chapman is a columnist for the Chicago Tribune.

Justice Alito and warning signs

Cal Thomas

Everywhere one looks there are warning signs, from labels on cigarette packs warning that smoking causes cancer, to ridiculous labels on thermometers that read, "Once used rectally, the thermometer should not be used orally."

Associate Justice Samuel Alito has delivered some serious warnings that too often are ignored by many who believe the freedoms we enjoy are inviolable.

In a recent address to the Federalist Society National Lawyers Convention, Alito touched on several subjects, including COVID, religious liberty, the Second Amendment, free speech, and "bullying" of the Supreme Court by U.S. senators.

Alito made a case for how each issue contains elements that contribute to a slow erosion of our liberties. On tolerance, preached but not often practiced by the left, Alito said: "...tolerance for opposing views is now in short supply in many law schools, and in the broader academic community. When I speak with recent law school graduates, what I hear over and over is that they face harassment and retaliation if they say anything that departs from the law school orthodoxy." This is not a new revelation, but it bears repeating.

While acknowledging the deaths, hospitalizations and unemployment caused by COVID, Alito warned: "The pandemic has resulted in previously unimaginable restrictions on individual liberty. Now, notice what I am not saying or even implying, I am not diminishing the severity of the virus's threat to public health. ... I'm not saying anything about the legality of COVID restrictions. Nor am I saying anything about whether any of these restrictions represent good public policy. I'm a judge, not a policymaker. All that I'm saying is this. And I think it is an indisputable statement of fact, we have never before seen restrictions as severe, extensive and prolonged as those experienced, for most of 2020."

Where does this lead? Alito answered when he spoke of "... the dominance of lawmaking by executive fiat rather than legislation. The vision of early 20th-century progressives and the new dealers of the 1930s was the policymaking would shift from narrow-minded elected legislators, to an elite group of appointed experts, in a word, the policymaking would become more scientific. That dream has been realized to a large extent. Every year administrative agencies acting under broad delegations of 'authority' churn out huge volumes of regulations that dwarfs the statutes enacted by the people's elected representatives. And what have we seen in the pandemic sweeping restrictions imposed for the most part, under statutes that confer enormous executive discretion?"

Alito cited a Nevada case that came before the Court: "Under that law, if the governor finds that there is, quote, a natural technological or manmade emergency, or disaster of major proportions, the governor can perform and exercise such functions, powers and duties as are necessary to promote and secure the safety and protection of the civilian population. To say that this provision confers broad discretion would be an understatement."

Restrictions on how we are told to celebrate Thanksgiving would be another example.

On the erosion of religious liberty, he said: "It pains me to say this, but in certain quarters, religious liberty is fast becoming a disfavored, right." As evidence he mentioned how we have moved from the Religious Freedom Restoration Act passed by Congress in 1993 to the recent persecution by the Obama administration of The Little Sisters of the Poor for their refusal to include contraceptives in their health insurance. The Catholic nuns prevailed in a 7-2 court ruling, but Alito believes the threat to the free exercise of religion remains all too real.

There is much more in his address that should be read in its entirety. Alito's warnings ring true, but are we listening?

Cal Thomas is a columnist for Tribune Content Agency.

LETTERS

Time for Trump to go

Editor,

In the last days of his presidency, Donald Trump is undermining the foundations of our democracy and endangering the health and national security of our country.

As if the disarray of the nation's economy and healthcare system are not enough, Trump has moved forward with plans to disrupt international relations with his troop withdrawal plans for the Mideast and veiled threats to attack Iran. These chaotic moves are unfolding as the nation passed the tragic milestone of 250,000 COVID-19 deaths. Many thousands of these deaths were preventable, but Trump has refused to assume a leadership role and respond to the pandemic at the federal level.

Against this backdrop, Donald Trump is refusing to recognize the clear result of the election and seems hell bent on figuring out an underhanded, anti-democratic way to stay in office. His actions are a direct attack on the strongest lynchpin of our democracy, free and open elections. Supporting him is a cadre of Republican office holders and appointees who cower in the shadow of this tyrant, fearful of his wrath.

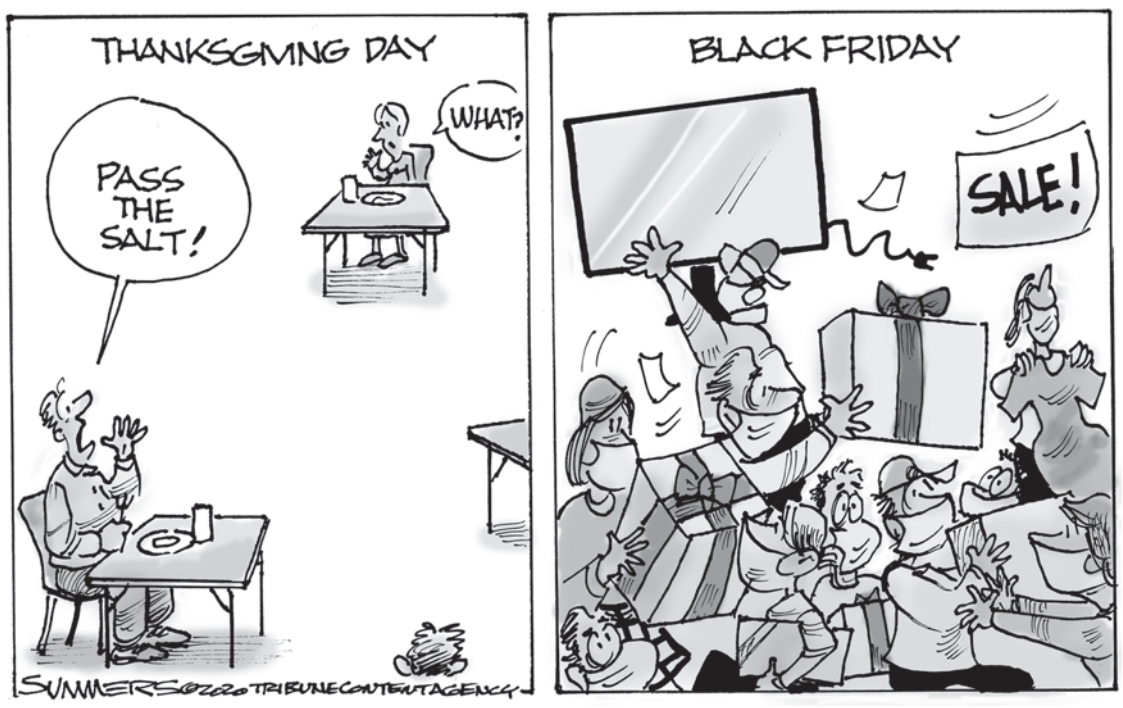
Trump has unleashed a barrage of court challenges claiming widespread election fraud, which consistently have failed due to a lack of evidence supporting such claims. Key legal firms involved have withdrawn representation to avoid embarrassment and potential exposure of having to lie during court proceedings.

President-elect Joe Biden has amassed a popular vote total of more than 80 million, representing a margin of 6 million and over 51 percent of the votes cast. Electoral vote totals – Biden 306 to Trump 232 – are the same as Trump's margin in 2016.

The people have spoken! It is time for Trump and his lemmings to face the facts and stop the contamination of our election process and democracy.

Trump had his shot and failed miserably, and the election results clearly clamor for a new president.

Ed Shaffer Galien



Sports reporting is good for the soul

Editor,

Several weeks ago, I was feeling very low. All the news reports from both MSNBC and Fox News were dark, and they had me feeling bad about the demise of my old GOP to Trumpism.

Then I happened to turn to the sports page of The Herald-Palladium, and all of the sudden my world brightened up, the birds were singing, and the sun was shining … because the featured sports article was Al Arend's reporting on the local football boys. For the good of us old guys, I hope you will be able to sponsor his articles for many years to come.

By the way, from a 1949 St. Joe High School alumnus with Lakeshore nephews, Go Lancers and Go Big Red!

Richard Schalon St. Joseph

Write us

Here's how to submit a letter to the editor:

Email: letters@TheHP.com

Regular mail: Editorial Page, The Herald-Palladium, P.O. Box 128, St. Joseph, MI 49085

All letters should include a daytime telephone number and street address for verification.

Letters must be 500 words or fewer.

The Herald-Palladium reserves the right to edit letters for length, style, grammar, inappropriate content and libel. Anonymous letters will not be published.

ANOTHER OPINION

Thanksgiving 2020: Alone again, unnaturally

We've made our preparations for Thanksgiving Day. Maybe the bird on the table will be a turkey breast, a duck, a small slab of vegan roast or something as tiny as a Cornish game hen. We've reduced the number of potatoes, the volume of stuffing.

We've also canceled the plane reservations or the plans for a long drive to a friend's house. If we live alone, chances are that we will still be alone on the one day of the year when we'd been pretty much guaranteed the warmth and comfort of companionship. If we're lucky, we've formed a social bubble with a couple of pals and will make a feast with them.

There doesn't seem much to be thankful for as we approach this holiday. COVID-19 infection rates are surging again, as is the death rate, and maybe it's a good thing we don't have guests for the long weekend because it could be hard to find enough toilet paper for all of them.

Many of the schools that were back in session are now closing again. Students are falling farther and farther behind where they would have been in a traditional school year. Stores, restaurants and salons and other services are still hurting; more businesses are threatened with permanent closure. Unlike when this whole thing started just before spring, the days now are growing colder, shorter, darker.

We've given up so much already. Sunrise Easter services and Passover Seders, typically large gatherings of family and community, were canceled or held in online meeting rooms. So were graduations, Fourth of July fireworks, summer vacations, back-to-school nights.

And now we're hit with what feels like the ultimate insult: rising disease rates after all the sacrifices made months ago to "flatten the curve," just as America prepares for what used to be a day of large gatherings with those we love – and those with whom we argue politics. It's one of the few times a year when people can fit into both categories at once.

Looking forward to the biggest travel day of the year, we're told by the Centers for Disease Control and Prevention to stay home. On the busiest shopping day of the year, we won't be able to crowd into stores for hours. If we're smart, we'll heed the warnings to not fly, not gather indoors with multiple households and not join large gatherings. We'll keep our masks on except when eating, limit time spent together and confine our socializing to safe distances outdoors, which in warm-weather climates like Southern California might be a possibility.

Far worse, we don't know when or how all this is going to end. The Pilgrims were celebrating survival at the first Thanksgiving. We're wondering how many of us will survive and how long we'll have to worry. For that matter, the pandemic has forced us to confront how many Americans live close to the edge of survival all the time, with food and housing insecurity, a tenuous hold on employment and poor health that goes untended.

But at the same time that we mourn what's missing, we also can remember what the Pilgrims were ultimately celebrating. They were thankful for having the resilience – and the help of Native Americans – to make it through a challenging time of deprivation in a new land.

We are also in a new land, figuratively speaking, one of great uncertainty. And we too have people helping us through: dedicated medical researchers developing treatments and vaccines; doctors and nurses risking their lives to care for the sick; essential workers keeping us stocked with food, electricity and water.

Let's show our gratitude for their aid. We can work toward our shared survival by producing the personal protective gear needed by front-line healthcare workers and other essential staff, supporting those in need, and keeping our social distances big, our complaining low and our masks on. That and not panic-buying toilet paper.

Tired as we all are of the new routines, we're showing determination and a measure of creativity. Some people have been isolating for days already, maybe getting COVID-19 tests as well, willing to do whatever it takes to be able to greet people they care about on Thanksgiving Day and possibly even give them a hug. Others are planning video calls to take the edge off their loneliness, and yet others deliver food and comfort to those who need help with survival at the most elemental levels.

Alone and collectively, we will face the uncertainty. That resilience is our strength, for which we can give thanks.

– Los Angeles Times

OBITUARIES

Lilly May Williams

Feb. 25, 1952 – Nov. 22, 2020

Lilly May Williams, 68, of Berrien Springs died Sunday, Nov. 22, 2020, at Hanson Hospice Center, Stevensville.

Friends may visit from 4 to 8 p.m. Sunday, Nov. 29, at Allred Funeral Home in Berrien Springs, and again from 8 to 10 a.m. Monday, Nov. 30, at the Village Seventh-day Adventist Church in Berrien Springs, where she attended regularly for the past few years. The funeral service will be at 10 a.m., with burial to follow in Rose Hill Cemetery. Messages may be left online at www.allredfuneralhome.com.

Lilly was born Feb. 25, 1952, in Mandeville, Manchester, Jamaica, to Noel Wesley Patrickson and Amy Caroline (Goodden) Patrickson. Her professional career included being an accountant at West Indies College (Northern Caribbean University) and chief accountant at Andrews Memorial Hospital. She also served as chief accountant, then assistant treasurer for a combined tenure of 15 years for the West Indies Union Conference (Jamaica Union of Seventh-day Adventists).

She accompanied her husband to Berrien Springs in 1993, where he was a student at the Seventh-day Adventist Theological Seminary. Lilly continued denominational service at Andrews University in 1994 as bookkeeper/accountant at the James White Library (JWL). Following the untimely death of her husband, Oswald Sr., in 1996, Lilly combined single parenting with graduate education and successfully completed her master's degree in accounting at LaSalle University in 1998. In 2002. Lilly began her 18 years of service at Adventist Frontier Missions (AFM) as the mail clerk, where she interfaced with donors and missionaries in the field. Lilly later rejoined the James White Library where she worked as a periodical associate for the past 11 years.

Lilly loved her work and treasured the friendships she formed both at AFM and JWL. She enjoyed gardening, especially growing flowers, cooking, and watching cooking shows and all good things Jamaican. She had a close relationship with God and never lost faith as she walked through the various valleys of life and death.

She is survived by two sons: Oswald George Williams II and Matthew George Williams; two sisters: Pauline Rose Phillip and Dorothy Evangeline Patrickson; and one brother, John Wesley Patrickson.

She was preceded in death by her husband and her parents. Many friends, relatives and colleagues also mourn her passing.

Death notices

Frank Arnold, 70, of Buchanan died Nov. 23, 2020, at St. Joseph Regional Medical Center, Mishawaka. Brown Funeral Home & Cremation Services, Niles, 683-1155.

Ronald Bybee, 70, of Niles died Nov. 22, 2020, at Riveridge Rehabilitation and Nursing Center, Stevensville. Brown Funeral Home & Cremation Services, Niles, 683-1155.

Terry Hickman, 44, of Washington D.C., formerly of Niles, died Nov. 14, 2020. Brown Funeral Home & Cremation Services, Niles, 683-1155.

Jeff Murray, 40, of Watervliet died Nov. 19, 2020, at Lakeland Medical Center, St. Joseph. Hutchins Funeral Home, Watervliet, 463-3811.

John R. Reed, 73, of Niles died Nov. 22, 2020, at Memorial Hospital, South Bend. Halbritter-Wickens Funeral Home, Niles, 683-3000.

Byron Rosses, 36, of Benton Harbor died Nov. 19, 2020, in Grand Rapids. Robbins Brothers Funeral Home, Benton Harbor, 927-3181.

Melody Ann Stroebel, 77, of Grand Junction died Nov. 21, 2020. Filbrandt Family Funeral Home, South Haven, 637-0333.

William White, 79, of St. Joseph died Nov. 21, 2020, at Lakeland Medical Center, Niles. Brown Funeral Home & Cremation Services, Niles, 683-1155.

Jeffery Williams, 62, of Niles died Nov. 23, 2020 at Ascension Borgess Hospital, Kalamazoo. Brown Funeral Home & Cremation Services, Niles, 683-1155.

Lilly May Williams, 68, of Berrien Springs died Nov. 22, 2020, at Hanson Hospice Center, Stevensville. Allred Funeral Home, Berrien Springs, 471-3729.

Jeffrey Woodrow Scott, 62, died Nov. 20, 2020. Starks & Menchinger Chapel, St. Joseph, 556-9450.

Daniel Craig Schultz

April 24, 1943 – Nov. 21, 2020

Daniel Craig Schultz, 77, of Buchanan passed away Saturday, Nov. 21, 2020, in Iron River, Mich.

Funeral services will be at 11 a.m. Saturday, Nov. 28, at the Boyd Chapel of Pike Funeral and Cremation Services, 9191 Red Arrow Highway, Bridgman, with Pastor James Morgan officiating. Friends may meet the family from 9:30 to 11 a.m. Saturday at the funeral home prior to the service.

Memorial contributions may be given to Shriners Hospitals for Children, Processing Center, P.O. Box 863765, Orlando, FL 32886. A live-stream of the service is at 11 a.m. Saturday, and online condolences accepted at www.PikeFH.com.

Dan, known by family and friends as "Farmer Dan," was born on April 24, 1943, in St. Joseph, the son of the late Nelson and Martha (Nitz) Schultz. He and his family operated Twin Oaks Farms in Baroda Township.

Dan married Mellierose Sassman on April 25, 1964. He was a member of St. John's Lutheran Church, Baroda, and enjoyed being outdoors, hunting and fishing.

Survivors include his beloved wife, Mellie; his daughter, Dawn (Ronald) Knuth; sons: Daniel (Sonya) Schultz II and Douglas (Wendy) Schultz; brother, David (Joyce) Schultz; sister, Karen (Ken) Seifert; eight grandchildren; and two great-grandsons.

Melody Ann Stroebel

April 11, 1943 – Nov. 21, 2020

Melody Ann Stroebel, 77, of Grand Junction passed away Nov. 21, 2020, at South Haven Nursing and Rehabilitation Community.

She was born in Grand Rapids on April 22, 1943, to Virgil and Izola (Hunsberger) Morgan.

On Sept. 16, 1960, Melody married her husband, John Wesley Stroebel. They shared 60 years of marriage before his passing. Melody worked for S.E. Overton Company for 14 years. She was a member of the Grand Junction Congregational Church.

She is preceded in death by her husband, John Stroebel; parents and sons: Michael Stroebel, John Stroebel II, and Ronald Stroebel.

Melody is survived by her children: Terry Morgan and Sherri (Matt) Wojtas, both of Grand Junction; siblings: Cathy Wolford, Larry (Beth) Smith, Gary Smith; sister-in-law, JoAnn Bailey; grandchildren: Amy Brown, Megan Morgan, Matt Brown, Charles Wojtas and Mara Wojtas; and great-grandchildren: Evelynn, Tyler and Noelle.

Graveside services for Melody and John will be at 2 p.m. Thursday, Dec. 3, at Grand Junction Cemetery in Grand Junction, with Pastor Todd VanGrouw officiating.

Kindly share your thoughts and memories on the family's online guest book at www.FilbrandtFFH.com.

The family is being helped by the Filbrandt Family Funeral Home of South Haven.

Jeffrey Murray

Oct. 7, 1980 – Nov. 19, 2020

Jeff's life began Oct. 7, 1980, in Benton Harbor. He grew up in Watervliet and was a graduate of Blossomland Learning Center in Berrien Springs.

Jeff worked for Coloma Pizza Hut for 13 years. He was a guy easily liked in the community. He enjoyed riding his bike, hanging with his neighbors, and playing games at the American Legion. Jeff was a member of the Sons of the American Legion for about 13 years. Jeff's favorite pastime was being with his dad; it was not often you'd find one without the other.

Jeff's leaves behind his parents: George and Cherylene (Duncan) Murray; a sister, Traci Murray; and many friends to cherish his memory.

Jeff died Thursday, Nov. 19, 2020, at Lakeland Medical Center, St. Joseph.

His sister, Joy Murray, precedes Jeff in death.

Hutchins Funeral Home in Watervliet is assisting Jeff's family with cremation. You are invited to leave a message of comfort for his family at hutchinsfuneral.com.

Peter A. Dyer

July 9, 1944 – Nov. 21, 2020

Peter A. Dyer, 76, of Fairborn, Ohio, passed away Saturday, Nov. 21, 2020, in Beavercreek, Ohio.

He was born July 9, 1944 in Providence, R.I., to the late Ralph C. and Rena M. Dyer.

Peter holds a United States patent for female body armor; served on the U.S. Attorney General's "Less-than-Lethal" Commission; served as the program manager for ballistic body armor for the DOD; and served as the U.S. Air Force representative to the FBI program for "Explosive Detection Equipment." He also developed, implemented and managed the U.S. Air Force Acquisition Security Program Management process.

He was a certified NRA training counselor and a U.S. Air Force Veteran.

Peter is survived by his wife, Ruth Ann Dyer; a son, Christopher Richard Dyer of Woodbridge, Va.; and five siblings: Mary, Margret, Virginia, Ann, and Joseph Charles.

Peter was preceded in death by his parents, and two siblings: Terry Lynn and Ralph C. Jr.

Private services will be held at a later date.

Adkins Funeral Home, Enon, Ohio, is assisting Peter's family with his final wishes. www.adkinsfunerals.com.

Jeffrey Woodrow Scott

March 3, 1958 – Nov. 20, 2020

Jeffrey Woodrow Scott, 62, passed away Nov. 20, 2020.

Jeff was born on March 3, 1958, to Woodrow and Louise Scott of Benton Harbor.

Jeffrey will be remembered for his sense of humor, his love of golf, for being an excellent grill master, and for his love of Michigan football. God knew it was time to carry him home.

Jeffrey was preceded in death by his mother and father.

He is survived by his two beautiful daughters: Rebecca Scott of Elkhart, Ind., and Bethany Scott of Eau Claire; his siblings: Elaine Tarbutton of Las Vegas, Debbie (Jerry) Shields of Bridgman, Jeni Parritt of Niles, Dennis Scott of Benton Harbor; and many nieces, nephews and cousins. He will be dearly missed.

A celebration of life will be at a later time. In lieu of flowers, please make memorial contributions using the link below to help his children with the final expenses. Thank you for your donations, your thoughts and your prayers. Donate here: https://gf.me/u/y9mi7t.

Arrangements have been entrusted to Starks & Menchinger Chapel, St. Joseph. Those wishing to send condolences online may do so at www.starks-menchinger.com.

Lakeshore to go all-virtual for 3 days next week

By LOUISE WREGE
HP Staff Writer

STEVENSVILLE — Lakeshore schools will temporarily shift to remote learning Monday through Dec. 2, Superintendent Phil Freeman announced in a letter to parents on the school's website Tuesday.

The move to help stop the spread of COVID-19 involves K-8 grades, including young fives and special education programs. High school students are already meeting virtually due to a recent order from Gov. Gretchen Whitmer, which is supposed to end Dec. 8.

"The remote days will allow for a period of time where families and staff can monitor for symptoms following the holiday," he said. "Ultimately, the intention is to ensure everyone is as healthy as possible prior to returning to school and allow us to reduce potential quarantines in order to return to in-person instruction for kindergarten through 8th-grade on Thursday, December 3, 2020."

Freeman said the pause in face-to-face instruction will also give students and teachers a chance to practice the district's remote learning plan.

He said that the controlled environments of schools have been shown to mitigate the spread of COVID-19.

"Unfortunately, these strategies are not universally applied outside of the school setting, leading to transmission in social settings and, ultimately, increasing the number of cases and quarantines we track at school," he said in the letter to parents.

Contact: lwrege@TheHP.com, 932-0361, Twitter: @HPWrege

Senior uses walking stick to deter would-be burglars

NILES, Ill. (AP) — An 81-year-old former Marine from suburban Chicago used his grandfather's antique Irish walking stick to chase off three burglars and deliver one a thump in the head for his trouble.

Dan and Barbara Donovan told the Pioneer Press newspaper group that a man in a reflective vest and mask knocked on their door in Niles on Nov. 4 and said he was a utility worker who needed to check their fuse box due to a recent fire in the area.

Barbara Donovan said while they were in the basement with the man, who was looking at their electric circuit panel, she heard squeaking floorboards upstairs realized something wasn't right.

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DO YOU REMEMBER?

1995 – 25 years ago

Three Southwest Michigan runners have been named to the Michigan Interscholastic Track Coaches Association All-State Cross Country Team. They are Joe Veldman of River Valley, Jim Droste of St. Joseph and Melissa Laughhunn of Lakeshore. Veldman won the Class C individual race at the state meet, while Droste was 11th in the Class B team event. Laughhunn finished eighth in the Class B girls individual race.

1985 – 35 years ago

Copies of the book "A Dowagiac Collection" are available for purchase at Dowagiac District Library and Cass District Library in Cassopolis. Written by Berenice Vanderburg in 1982, the book has been reprinted with her consent with profits going to the Cass County Historical Commissions. New with this printing is a nine-page index compiled by Mrs. Vanderburg. The commissions recognizes the author's dedication to the preservation of history and the inscription in the new editions reads: "Berenice E. Vanderbug, for her many years of service to the Cass County Historical Society, we respectfully dedicate this second printing."

1970 – 50 years ago

You really can't blame Mrs. Robert Ringer for thinking the tiny lady with blond curly hair, blue eyes and a rich German accent was Mrs. Kris Kringle. The visitor at the Health and Welfare Center in St. Joseph brought more than 50 dolls of all shapes, sizes and descriptions, all neatly repaired, washed, their hair brushed and outfitted in new clothes. Mrs. Halbert (Cecilia) Kollmeyer of St. Joseph, has a hobby of fixing up dolls. Finally when they began overflowing her sewing room, she decided to give them to the Health and Welfare Center so they could be in turn given to needy youngsters at Christmas.

TODAY IN HISTORY

By THE ASSOCIATED PRESS

Today is Wednesday, Nov. 25, the 330th day of 2020. There are 36 days left in the year.

Highlight in history:

On Nov. 25, 2002, President George W. Bush signed legislation creating the Department of Homeland Security, and appointed Tom Ridge to be its head.

On this date:

In 1783, the British evacuated New York during the Revolutionary War.

In 1915, a new version of the Ku Klux Klan, targeting blacks, Jews, Catholics and immigrants, was founded by William Joseph Simmons.

In 1947, movie studio executives meeting in New York agreed to blacklist the "Hollywood Ten" who'd been cited for contempt of Congress the day before.

In 1961, the first nuclear-powered aircraft carrier, USS Enterprise, was commissioned.

In 1963, the body of President John F. Kennedy was laid to rest at Arlington National Cemetery; his widow, Jacqueline, lighted an "eternal flame" at the gravesite.

In 1986, the Iran-Contra affair erupted as President Ronald Reagan and Attorney General Edwin Meese revealed that profits from secret arms sales to Iran had been diverted to Nicaraguan rebels.

5-Day Forecast for St. Joseph

Today	Tonight	Thursday	Friday	Saturday	Sunday
Rain Likely	Rain Likely	Mostly Cloudy	Mostly Cloudy	Sunny	Partly Cloudy
53°	43°	50° / 39°	48° / 35°	46° / 34°	47° / 31°

Local Outlook

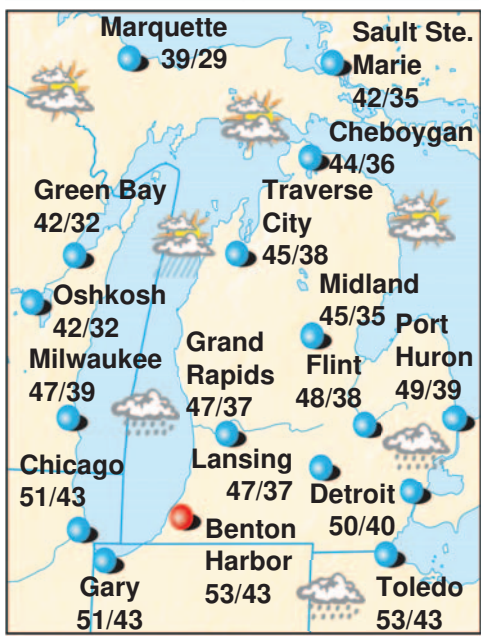
Today we will see cloudy skies with a 95% chance of rain, high temperature of 53°, humidity of 77%. Southeast wind 3 to 7 mph. Expect cloudy skies tonight with a 95% chance of rain, overnight low of 43°. South southwest wind 2 to 7 mph.

Sun and Moon

Sunrise	7:48 a.m.
Sunset	5:16 p.m.
Moonrise	3:21 p.m.
Moonset	3:00 a.m.

Full	Last	New	First
11/30	12/7	12/14	12/21

Regional Map



Local Almanac

Benton Harbor Yesterday

Temperature

High	44°
Low	33°
Normal High	44°
Normal Low	30°
Record High	62° in 2001
Record Low	13° in 2013

Precipitation

Yesterday	0.15"
Month to date	1.24"
Normal for month	2.72"
Year to date	31.48"
Normal Year to date	34.72"

Air Quality

Yesterday	66
Main Offender	Particles

The higher the number, the greater the need for people with respiratory problems to reduce outside activity.

0-50	Good
51-100	Moderate
101-150	Sensitive
151-200	Unhealthy

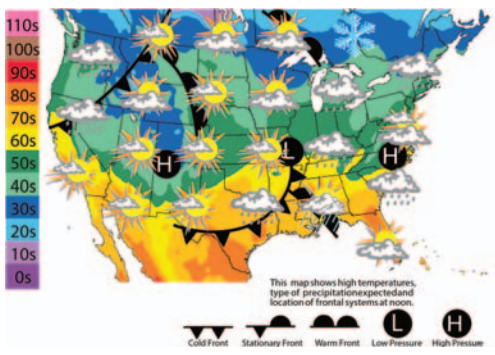
Weather Trivia

What characteristic do thunderstorms possess to form a tornado? ?

Answer: Rotation.

National Weather Map

Forecast map for Nov. 25, 2020



For latest weather updates: **www.UpdatedWx.com/HP**

Lake Michigan

Today, S wind 6 to 9 kt. Showers. Waves 1 ft or less. Water temperature 42 degrees. Tonight, E wind 5 to 8 kt. Showers likely. Waves 1 ft or less.

Michigan Forecast

Upper Peninsula

Today, skies will be mostly cloudy with isolated showers, highs in the 30s and 40s. East wind 2 to 7 mph. Expect mostly cloudy skies Thursday with highs in the 40s. South wind 2 to 7 mph.

Lower Peninsula

Today, skies will be cloudy with widespread rain, highs in the 40s and 50s. Southeast wind 3 to 7 mph. Expect mostly cloudy skies Thursday with highs in the 40s and 50s. West southwest wind 6 to 9 mph.

Can you repeat that? Hearing trouble more obvious with masks

By JAMIE STENGLE
Associated Press

DALLAS — As nurse Teri Wheat made her rounds at a Texas maternity ward, she began to realize she was having a hard time understanding the new mothers who were wearing masks due to the coronavirus pandemic.

So she got her hearing tested and now wears hearing aids.

Her hearing loss "became more noticeable the more barriers that we had to have," said Wheat, 52, who wears a mask and a face shield at work to protect herself and others against the virus.

Hearing specialists across the U.S. say they have seen an uptick in visits from people like Wheat, who only realized how much they relied on lip reading and facial expressions when people started wearing masks that cover the nose and mouth.

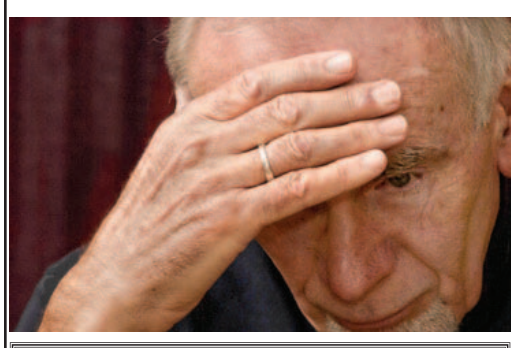
"More than likely, these are people that had some kind of hearing loss prior to all this starting but they were adapting," said Andrea Gohmert, director of the hearing clinic at the University of Texas at Dallas' Callier Center for Communication Disorders.

Most of the time, hearing loss happens gradually and people will often wait around seven years to get their hearing tested, according to audiologists, the professionals who assess hearing.

"We would have seen these people eventually but it could have been quite a few years from now," said Catherine Palmer, audiology director for the western Pennsylvania health care system UPMC.

Wheat, who had her hearing tested at the Callier Center in August, said that even before the pandemic, she frequently asked her kids to repeat what they said, and people pointed out how loud she listened to programs on her computer or television.

ADVERTISEMENT



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hp SPORTS

Talking vegan dishes with Gretchen Davis

Food, Page B5

Tar Heels stand between Irish and College Football Playoff

The only roadblock standing in the way of Notre Dame's trip to the College Football Playoff (CFP) is its matchup this Friday at North Carolina (6-2).

Al Arend
Big Al's Picks

The Tar Heels moved into The Associated Press Top 25 this week – isn't that interesting? – at No. 25, perhaps only because they are facing the unbeaten No. 2 Fighting Irish.

An upset loss during the regular season, coupled with another loss in the looming rematch with No. 4 Clemson for the ACC championship, could derail ND's chances of making the CFP.

No team as ever made college football's version of the Final Four with two losses.

The first CFP poll of the season came out this week and it mirrored the AP's top four teams: 1. Alabama, 2. Notre Dame, 3. Ohio State, and 4. Clemson. Don't expect it to change until one of them loses.

This would have been the year to have expanded the CFP to eight teams, with so many teams playing so few games due to the virus. But that's not going to happen, and probably won't until the current TV contract expires in 2026.

Other remaining teams in this week's AP poll still with faint hopes of cracking the CFP include No. 7 Cincinnati (8-0), No. 8 BYU (9-0), No. 9 Oregon (3-0), No. 11 Northwestern (5-0), No. 16 Coastal Carolina (8-0), No. 17 Marshall (7-0), No. 19 USC (3-0).

Top college game

Notre Dame 34, N. Carolina 17

As of this writing, ND was a 4 ½-point favorite.

I can't believe that's all it is.

Both of high-scoring North Carolina's losses were by three points to unranked Virginia (4-4) and Florida State (2-6). A combined Virginia-FSU team couldn't beat Notre Dame this year. Neither can the Tar Heels.

Idle thought No. 1

It appears 2-3 Michigan has found a legitimate quarterback in redshirt freshman Cade McNamara, a four-star recruit out of Nevada who owns all of that state's prep passing records.

My only question is this: Where has he been all year, coach Harbaugh?

At least he won't have to wait until early in his senior year – like Tom Brady did under then coach Lloyd Carr – to finally start.

Idle thought No. 2

So impressed were Vegas oddsmakers over Michigan's triple overtime win over Rutgers, they've made the Wolverines a 2 ½-point favorite over winless Penn State. This is the first time the Nittany Lions have ever started a football season 0-5.

Happy Thanksgiving, everyone!

On with the forecast:

COLLEGE
Last week: 26-9, .742
Season: 239-73, ,766

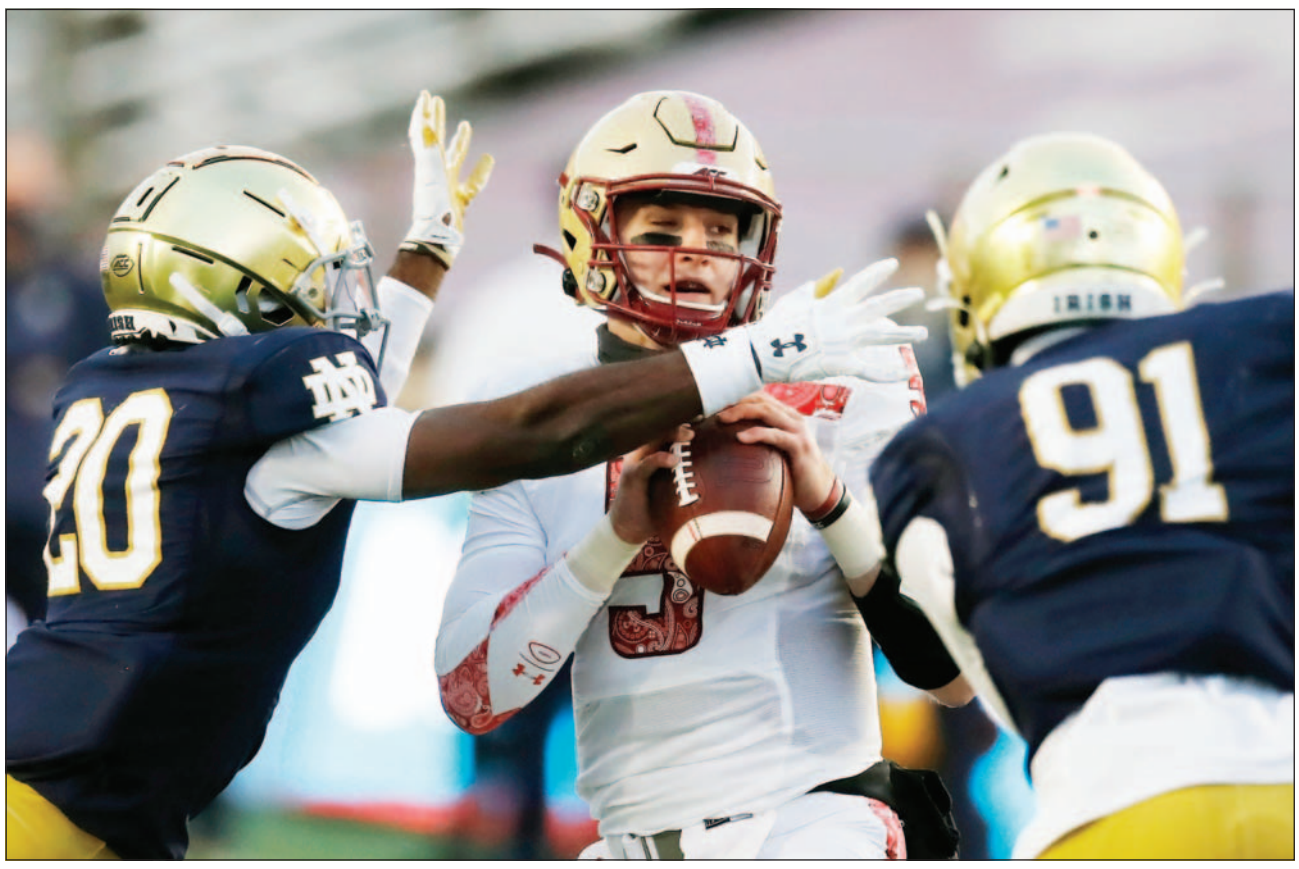
Thursday
Air Force 28, Colorado St. 24
New Mexico 33, Utah St. 27

Friday
Notre Dame 34, N. Carolina 17
CMU 37, EMU 27
Iowa 35, Nebraska 24
California 31, Stanford 28
Liberty 42, UMass 7
Oregon 42, Oregon St. 21
Texas 34, Iowa St. 31
UAB 38, Southern Miss 28
UCF 34, USF 20
Wyoming 28, UNLV 13

Saturday
Northwestern 35, Michigan St. 27
Michigan 31, Penn St. 30
WMU 49, N. Illinois 34
Indiana 38, Maryland 21
Ohio State 42, Illinois 10
Purdue 42, Rutgers 24
Wisconsin 38, Minnesota 20
Alabama 35, Auburn 14
Appalachian St. 33, Troy 22
Boise St. 38, San Jose St. 27
Boston College 35, Louisville 31
C. Carolina 44, Texas St. 22
Clemson 49, Pittsburgh 17
Cincinnati 45, Temple 14
Georgia 42, S. Carolina 24
Georgia Tech 28, Duke 27
Fla. Atlantic 41, Mid-Tenn. 31
Florida 49, Kentucky 14
Kansas St. 37, Baylor 17
Louisiana 37, UL.-Monroe 8
Memphis 31, Navy 17
Mississippi 34, Miss. St. 27
Missouri 38, Arkansas 34
N.C. State 35, Syracuse 7
Nevada 31, Hawaii 28
Oklahoma 42, W. Virginia 31
Okla. State 34, Texas Tech 20
Rice 34, UTEP 27
SMU 42, E. Carolina 24
Tennessee 42, Vanderbilt 23
TCU 34, Kansas 14
Texas A&M 35, LSU 20
Tulsa 38, Houston 34
UCLA 40, Arizona 30
USC 34, Colorado 27
Utah 38, Arizona St. 31
Virginia 34, Florida St. 28

Sunday
Arizona St. 31, Utah 27

Al Arend is a sports correspondent for The Herald-Palladium. His football predictions appear once a week throughout the college season.



Michael Dwyer / AP

Notre Dame safety Shaun Crawford (20) sacks Boston College quarterback Phil Jurkovec during the first half of a Nov. 14 game.

A Tar Heel test for Irish

Howell, No. 25 UNC offense a challenge for No. 2 Notre Dame

By JOHN FINERAN
Associated Press

Robert Willett / The News & Observer

Wake Forest defense back Ja'Sir Taylor (6) defends North Carolina's Dyami Brown (2) in the first half of a Nov. 14 game.

SOUTH BEND — Brian Kelly has postponed No. 2 Notre Dame's Thanksgiving dinner for two days – perhaps for good reason.

His Fighting Irish (8-0, 7-0 Atlantic Coast Conference) need to be light on their feet when they take on the explosive offense of Mack Brown's 25th-ranked North Carolina Tar Heels (6-2, 6-2) on Friday afternoon.

"They're an extremely talented team," Kelly said. "We've played similar teams – Clemson comes to mind. (The Tar Heels) don't go away – they have come back in fourth quarters and won football games. They keep playing."

Led by 6-foot-1, 220-pound quarterback Sam Howell, the Tar Heels are averaging 563.4 yards (fourth among FBS schools) and 43.1 points (10th) per game. Their abundance of returning offensive talent includes running backs Javonte Williams and Michael Carter, wide receivers Dyami Brown and Dazz Newsome and tight end Garrett Walston.

Howell, who threw for 3,641 yards and 38 touchdowns to lead the Tar Heels to a 7-6 finish in 2019, is on pace to shatter those marks. He has already thrown for 2,631 yards and 23 touchdowns, averages 15.7 yard per completion and ranks ninth in passing efficiency (182.6).

Brown is seventh in receiving yards (829) and eighth in TD receptions (8) while Williams leads the nation in touchdowns (18) and is seventh nationally with 868 rushing yards.

"They have two great backs, so we have to be tied into the running game," Notre Dame strong safety Shaun Crawford said. "We have to wrap up and bring them down because they are great after contact. They have great receivers on the outside – a lot of speed, a lot of skill."

After reaching No. 5 in mid-October, the Tar Heels suffered a pair of three-point road losses at Florida State (31-28) and Virginia (44-41) when they couldn't overcome double-digit deficits and fell out of the Top 25. But even there, the penchant for comebacks was plain.

Earlier this month, they trailed Wake Forest by 21 points, 45-24, with 6:56 left in the third quarter before Howell engineered a remarkable turnaround, throwing three touchdown passes and running for another score as North Carolina scored 35 unanswered points on the way to a 59-53 victory. Howell's 550 yards and six touchdown passes and the team's 21-point comeback and 742 total yards from the game are all program records.

The Irish defense, which limited All-America running back Travis Etienne to 28 yards in a 47-40 double-overtime victory over Clemson.

SCOREBOARD

NFL

AMERICAN CONFERENCE

East

	W	L	T	Pct	PF	PA
Buffalo	7	3	0	.700	272	265
Miami	6	4	0	.600	264	202
New England	4	6	0	.400	209	238
N.Y. Jets	0	10	0	.000	149	302

South

	W	L	T	Pct	PF	PA
Indianapolis	7	3	0	.700	276	208
Tennessee	7	3	0	.700	279	259
Houston	3	7	0	.300	227	272
Jacksonville	1	9	0	.100	202	298

North

	W	L	T	Pct	PF	PA
Pittsburgh	10	0	0	1.000	298	174
Cleveland	7	3	0	.700	238	261
Baltimore	6	4	0	.600	268	195
Cincinnati	2	7	1	.250	213	270

West

	W	L	T	Pct	PF	PA
Kansas City	9	1	0	.900	321	214
Las Vegas	6	4	0	.600	286	276
Denver	4	6	0	.400	206	267
L.A. Chargers	3	7	0	.300	260	273

NATIONAL CONFERENCE

East

	W	L	T	Pct	PF	PA
Philadelphia	3	6	1	.350	220	254
Dallas	3	7	0	.300	235	318
N.Y. Giants	3	7	0	.300	195	236
Washington	3	7	0	.300	200	227

South

	W	L	T	Pct	PF	PA
New Orleans	8	2	0	.800	295	222
Tampa Bay	7	4	0	.636	320	253
Carolina	4	7	0	.364	253	272
Atlanta	3	7	0	.300	252	275

North

	W	L	T	Pct	PF	PA
Green Bay	7	3	0	.700	308	258
Chicago	5	5	0	.500	191	209
Detroit	4	6	0	.400	227	287
Minnesota	4	6	0	.400	264	278

West

	W	L	T	Pct	PF	PA
L.A. Rams	7	3	0	.700	243	192
Seattle	7	3	0	.700	318	287
Arizona	6	4	0	.600	287	238
San Francisco	4	6	0	.400	238	234

Thursday, Nov. 19
Seattle 28, Arizona 21

Sunday's Games
Carolina 20, Detroit 0
Cleveland 22, Philadelphia 17
Houston 27, New England 20
New Orleans 24, Atlanta 9
Pittsburgh 27, Jacksonville 3
Tennessee 30, Baltimore 24, OT
Washington 20, Cincinnati 9
Denver 20, Miami 13
L.A. Chargers 34, N.Y. Jets 28
Dallas 31, Minnesota 28
Indianapolis 34, Green Bay 31, OT
Kansas City 35, Las Vegas 31
Open: Buffalo, Chicago, N.Y. Giants, San Francisco

Monday's Game
L.A. Rams 27, Tampa Bay 24

Thursday's games
Houston at Detroit, 12:30 p.m.
Washington at Dallas, 4:30 p.m.
Baltimore at Pittsburgh, 8:20 p.m.

Sunday, Nov. 29
Arizona at New England, 1 p.m.
Carolina at Minnesota, 1 p.m.
Cleveland at Jacksonville, 1 p.m.
L.A. Chargers at Buffalo, 1 p.m.
Las Vegas at Atlanta, 1 p.m.
Miami at N.Y. Jets, 1 p.m.
N.Y. Giants at Cincinnati, 1 p.m.
Tennessee at Indianapolis, 1 p.m.
New Orleans at Denver, 4:05 p.m.
San Francisco at L.A. Rams, 4:05 p.m.
Kansas City at Tampa Bay, 4:25 p.m.
Chicago at Green Bay, 8:20 p.m.

Monday, Nov. 30
Seattle at Philadelphia, 8:15 p.m.

COLLEGE FOOTBALL

AP Top 25

The Top 25 teams in The Associated Press college football poll, with first-place votes in parentheses, records through Nov. 21, total points based on 25 points for a first-place vote through one point for a 25th-place vote, and previous ranking:

	Record	Pts	Prv
1. Alabama (62)	7-0	1550	1
2. Notre Dame	8-0	1471	2
3. Ohio St.	4-0	1440	3
4. Clemson	7-1	1358	4
5. Texas A&M	5-1	1249	5
6. Florida	6-1	1223	6
7. Cincinnati	8-0	1201	7
8. BYU	9-0	1109	8
9. Oregon	3-0	951	11
10. Miami	7-1	936	12
11. Northwestern	5-0	922	19
12. Indiana	4-1	899	9
13. Georgia	5-2	828	13
14. Oklahoma	6-2	693	18
15. Iowa St.	6-2	658	17
16. Coastal Carolina	8-0	622	15
17. Marshall	7-0	542	15
18. Wisconsin	2-1	540	10
19. Southern Cal	3-0	461	20
20. Texas	5-2	321	22
21. Oklahoma St.	5-2	289	14
22. Auburn	5-2	259	23
23. Louisiana-Lafayette	7-1	218	24
24. Tulsa	5-1	164	25
25. North Carolina	6-2	108	-

Others receiving votes: Washington 35, Liberty 31, Nevada 23, SMU 17, Iowa 15, Boise St. 6, FAU 5, Buffalo 3, San Jose St. 3.

Conference Standings
Atlantic Coast Conference

	Conference				All Games			
	W	L	PF	PA	W	L	PF	PA
Notre Dame	7	0	249	133	8	0	301	133
Clemson	6	1	314	156	7	1	363	156
Miami	6	1	235	184	7	1	266	198
North Carolina	6	2	345	246	6	2	345	246
NC State	5	3	268	271	6	3	283	285
Wake Forest	3	3	209	194	4	3	275	208
Boston C.	4	4	216	221	5	4	240	242
Pittsburgh	4	4	213	198	5	4	268	198
Virginia Tech	4	4	264	255	4	5	299	293
Virginia	3	4	194	216	4	4	249	231
Georgia Tech	2	4	129	229	2	5	150	278
Louisville	2	6	218	217	3	6	253	238
Duke	1	6	152	240	2	6	205	259
Florida St.	1	6	135	265	2	6	176	289
Syracuse	1	7	125	241	1	8	146	279

Big Ten Conference

East

	W	L	PF	PA
Ohio St.	4	0	181	104
Indiana	4	1	170	119
Maryland	2	1	83	106
Michigan	2	3	153	180
Michigan St.	1	3	61	135
Rutgers	1	4	148	184
Penn St.	0	5	123	180

West

	W	L	PF	PA
Northwestern	5	0	129	63
Wisconsin	2	1	101	35
Iowa	3	2	165	80
Purdue	2	2	106	105
Illinois	2	3	109	160
Minnesota	2	3	150	174
Nebraska	1	3	83	137

TRANSACTIONS

BASEBALL
Major League Baseball
National League

CHICAGO CUBS — Agreed to terms with president of baseball operations Jed Hoyer on a five-year contract.

BASKETBALL
National Basketball Association

ATLANTA HAWKS — Signed G Rajon Rondo.
DETROIT PISTONS — Acquired G Zhaire Smith from Phila. in exchange for C Tony Bradley.
NEW YORK KNICKS — Acquired F Ed Davis from Utah in exchange for cash considerations.

FOOTBALL
National Football League

ATLANTA FALCONS — Signed RB Tony Brooks-James and WR Devin Gray to the practice squad. Released LB Jake Carlock from the practice squad.
BALTIMORE RAVENS — Signed TE Eric Tomlinson to the practice squad. Designated G Tyre Phillips to return from injured reserve.
CHICAGO BEARS — Placed DB Eddie Jackson on the reserve/COVID-19 list.
CINCINNATI BENGALS — Placed QB Joe Burrow on injured reserve. Signed G Quinton Spain and QB Brandon Allen to the active roster.
GREEN BAY PACKERS — Released P Drew Kaser.
HOUSTON TEXANS — Claimed G Hjalte Froholdt off waivers from New England and placed him on the exempt/commissioner permission list. Activated TE Kahale Warring from injured reserve.
MIAMI DOLPHINS — Placed OL Jesse Davis on the reserve/COVID-19 list.
MINNESOTA VIKINGS — Placed WR Adam Thielen on the reserve/COVID-19 list.
NEW YORK GIANTS — Designated S Xavier McKinney and OLB Oshane Ximines to return from injured reserve.
NEW YORK JETS — Waived QB Mike White. Activated TE Ross Travis to the practice squad from the reserve/COVID-19 list.
PHILADELPHIA EAGLES — Signed RB Jordan Howard to the practice squad.
SAN FRANCISCO 49ERS— Waived LB Kiko Alonso. Placed DLs D.J. Jones and Jordan Willis on the reserve/COVID-19 list.
SEATTLE SEAHAWKS — Placed TE Greg Olsen on injured reserve. Signed DT Damon Harrison to the active roster.
TAMPA BAY BUCCANEERS — Promoted RB Kenjon Barner to the active roster.

HOCKEY
National Hockey League

CHICAGO BLACKHAWKS — Named Kendall Coyne Schofield player development coach and youth hockey growth specialist, Erik Condra player development coach and Juan Gonzalez as the Rockford (AHL) strength and conditioning coach.

NFL expands mask mandate, threatens to discipline violators

NEW YORK (AP) — The NFL has expanded its mandate for mask usage on the sideline and is threatening discipline for those who violate the league's updated COVID-19 protocols.

The league told teams in a memo on Monday that players who are not substituting or preparing to enter the field of play and are not wearing their helmets will be required to wear a mask or a double-layered gaiter on the sideline, starting this week.

Play-callers now must wear a mask even if they have a face shield. Postgame interactions between players and staff will be limited. Also, players and team personnel must wear masks and may briefly greet opponents after games.

PRIME TIME TV

WEDNESDAY EVENING NOV. 25

	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30
ABC 7 13 41 57	Wheel of Fortune	The Goldbergs (N)	Housewife	The Conners (N)	black-ish (N)	For Life "Homecoming" (N)	
CBS 2 3 22	Ent. Tonight	The Amazing Race (N) CC		The Amazing Race (N) CC		S.W.A.T. "Memento Mori" (N) CC	
NBC 5 8 16	Ac. Hollywood	Women of Worth (N) CC (DVS)		Saturday Night Live Popular Thanksgiving-themed sketches. CC			
FOX 17 222 28 32	Modern Family	The Masked Singer CC (DVS)		:01 I Can See Your Voice CC (DVS)		Fox 17 News at 10:00PM (N) CC	
PBS 34	Outdoor Elements	Nature Animals survive in Lapland. (N)		NOVA "Saving Notre Dame" (N)		Secrets of the Dead CC	
CW 25	Big Bang Theory	Gilmore Girls: A Year in the Life "Summer" Rory tries to save the Gazette. (N) CC				News	Seinfeld CC
MNT 50	Great Amer	Dateline "Deadly Deceit" CC		Dateline CC		Dateline CC	
WCIU 26	Mike & Molly	Gilmore Girls: A Year in the Life "Summer" Rory tries to save the Gazette. (N) CC				King of Queens	King of Queens
WHME 46	:00 Heartland	Heartland "Resolutions" CC (DVS)		Highway to Heaven "The Silent Bell"		Nightly News	
WGN 9	News	black-ish CC	black-ish	Last Man Standing	Last Man Standing	WGN News at Nine (N) (L) CC	
A&E	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	:01 Court Cam	:32 Court Cam
AMC	:00 ★★★ The Polar Express ('04) Michael Jeter CC			★★★ Planes, Trains and Automobiles ('87) Steve Martin, John Candy. CC			
Animal	Lone Star	North Woods Law: Uncuffed (N)				North Wo. Law	
BET	Boo! A	Payne	As. Living	Tyler Perry's Sistas		Games People Play	
Big Ten	To Be Announced						
Bravo	Housewives/OC	Housewives/OC		Housewives/OC		Real Housewives of Salt Lake City	
Cartoon	Teen Titans		Teen	Burgers	Burgers	Fam. Guy	Fam. Guy
Cinemax	6:05 The Debt	★★★ Rise of the Planet of the Apes ('11) James Franco.			:45 ★★★ John Wick: Chapter 3 -- Parabellum ('19)		
CMT	Last Man	Mom	Mom	Mom	Mom	Mom	Mom
CNBC	S. Smith	Shark Tank		Shark Tank CC		Shark Tank	
CNN	OutFront	Anderson Cooper		Cuomo Prime Time		CNN Tonight	
Comedy	:45 South Park		South Pk	South Pk	South Pk	South Pk	South Pk
Discovery	Expedition	Josh Gates Tonight (N) CC		Expedition X "Terror of the Bell Witch" (N)		:08 Lost Relics of the Knights Templar	
Disney	Big City	Special	Big City	Big City	Big City	Big City	Big City
DIY	Holmes	Holmes Inspection		Holmes & Holmes		Holmes & Holmes	
E!	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Dating	Dating
ESPN	College Basketball			Basket	College Basketball		
ESPN2	College Basketball			Basket	College Basketball		
ESPNC	:00 College Football From Jan. 3, 2003.					College Football	
Food	Grocery	Guy's Games		Guy's Games		Guy's Games	
Fox News	The Story	Tucker Carlson		Hannity (N) CC		The Ingraham Angle	
Fox Sports	Lions	NFL Football Detroit Lions at Carolina Panthers.					Lions
Freefrm	:00 ★★★★ The Little Mermaid ('89) Pat Carroll CC			★★★ Tangled ('10, Children's) Voices of Mandy Moore, Zachary Levi. CC			
FX	:00 ★★ Night School ('18, Comedy) Kevin Hart, Tiffany Haddish. CC				★★ Night School ('18) Kevin Hart, Tiffany Haddish. CC		
Golf	Lessons	2020 Rocket Mortgage Classic				Glf	
Hallmark	Heart-Holidays	Good Morning Christmas! ('20) Alison Sweeney, Marc Blucas. (P). CC				:03 A Nashville Christmas Carol ('20)	
HBO	:15 ★★ The Dead Don't Die ('19) Bill Murray. CC			The Mystery of D.B. Cooper ('20) Peter Caulfield.			The Undoing
History	Forged	Forged in Fire		Forged in Fire (N)		Beyond Oak Island	
HGTV	Fixer	Fixer Upper		Property Brothers		Hunters	Hunt Intl
Learning	My 600-	My 600-Lb. Life Sarah is fighting for her life.				600-Lb. Life	
Lifetime	Grounded for	Twinkle All the Way ('19, Romance) Ryan McPartlin, Sarah Drew. CC				:05 Rediscovering Christmas ('19)	
MSNBC	ReidOut	All In With		Rachel Maddow		The Last Word	
MTV	Ridic.	Ridic.	Ridic.	Ridic.	Ridic.	Ridic.	Ridic.
NBCSCH	Pickleball	White Sox Rewind From Aug. 25, 2020. (N)					Outdoor
NFL	NFL Total	NFL Football Teams TBA. (Taped) CC					
Nick	Astro	Astro	Hustle	Friends	Friends	Friends	Friends
NGEO	Smuggler	To Catch a Smuggler		To Catch a Smuggler		To Catch a Smuggler	
Oxygen	Dateline: Secrets	Cold Justice CC		Cold Justice CC		The Real Murders of Orange County	
Parmt	:00 ★★★ Bad Santa ('03)			★★★ Bad Santa ('03, Comedy) CC			
Showtime	★★★ Apollo 13 ('95) Tom Hanks. Based on the true story of the ill-fated 1970 moon mission. CC					★★ Armageddon ('98) CC	
Starz	:10 ★★ Men in Black 3 ('12, Action) Will Smith. CC			★★★ Frozen ('13, Children's) Voices of Kristen Bell, Idina Menzel. CC			
STZENC	:14 ★★ Think Like a Man ('12) Michael Ealy, Jerry Ferrara. CC				:20 ★ The Intruder ('19, Suspense) Michael Ealy. CC		
SyFy	Harry Potter	:10 ★★★ Harry Potter and the Deathly Hallows: Part 2 ('11, Fantasy) Daniel Radcliffe, Rupert Grint. CC (DVS)					
TBS	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Full Frontal
TCM	Torch Song ('53)	★★★ Thunderball ('65) Sean Connery. Agent 007 tries to thwart SPECTRE's atomic ransom plot.					You Only Live
TMC	6:00 Movie	★★ The Other Boleyn Girl ('08) Natalie Portman, Scarlett Johansson. CC				★★★ Under the Skin ('13) CC	
TNT	Eagle	All Elite Wrestling: Dynamite (N) CC				The Conjuring 2 ('16)	
Travel	Alaska	UFOs in Alaska CC				True Paranormal	
TV Land	Andy G.	Raymond	Everybody Raymond		Raymond	Raymond	Raymond
USA	:00 NCIS	WWE NXT (N) (L) CC				Harry Potter and the Sorcerer's Stone	
VH1	6:30 ★★ Sister Act ('92)			★★ Sister Act 2: Back in the Habit			
WGN-A	Last Man Standing	NewsNation (N) (L) CC		NewsNation (N) (L) CC		NewsNation (N) (L) CC	

It's safe to proceed with HPV vaccinations during COVID-19

DEAR DOCTORS: My daughter is overdue for her second shot of the HPV vaccine, but I'm hesitant due to the pandemic because I want her immunity to be strong right now. Are you recommending people get this vaccine during COVID?

Elizabeth Ko & Eve Glazier
Ask the Doctors

DEAR READER: The short answer is yes, we strongly encourage everyone to receive all of their routine vaccinations at this time, including the series for the human papilloma virus, also known as HPV. Although vaccines work by interacting with the immune system, each one is specific to a certain infectious agent. The HPV vaccine creates antibodies to the human papilloma virus. That means it will not interfere with the immune system's ability to respond to the coronavirus that causes COVID-19.

The human papilloma virus refers to a large group of related viruses. Most cause warts on various parts of the body. The viruses are divided into low-risk types, which are rarely dangerous, and high-risk types, which can develop into cancers. These include cervical cancer, cervical precancer, certain throat cancers, anal cancer and cancers of the penis, vulva and vagina.

Taken together, HPV infection causes up to 40,000 cases of cancer each year. This includes 11,000 cases of cervical cancer, which cause 4,000 deaths each year. Cervical precancer, which means abnormal cells are present on the cervix, affects almost 200,000 women each year. Treatment to prevent more advanced cases of cervical precancer from progressing to cancer include cryosurgery or laser therapy to freeze or burn away the cells. These treatments can limit the patient's future ability to have children.

The good news is that the HPV vaccine, which was introduced in 2006, is extremely effective at offering protection from the virus. Widespread vaccination could prevent more than 90 percent of cancers that are now caused by HPV. Younger patients between the ages of 9 and 14 will be protected by two doses of the vaccine, with the second dose given six to 12 months after the first. Three doses are recommended for individuals between the ages of 15 and 24, with the second dose given two months after the first and the third within six months of the first. It can be a little confusing, but your health care provider will advise you on the optimal schedule for each child according to their age.

We heard from another reader, who asked us to discuss HPV and colon cancer. Although the role of HPV in anal cancer is well-established, a potential link to colon cancer has been a source of controversy. That may be changing. A study published by the National Institutes of Health found HPV infection is common in patients with colorectal cancer. The study reported that HPV infection was often found in colorectal cancer tissues, as well as tissues adjacent to the cancers. Analyses of data in Europe, Asia and South America also found a higher incidence of colon cancer among individuals infected with HPV. With a recent increase of colon cancer among younger adults, research into a potential link is increasing and may soon lead to a more definitive answer.

Eve Glazier, M.D., MBA, is an internist and associate professor of medicine at UCLA Health. Elizabeth Ko, M.D., is an internist and assistant professor of medicine at UCLA Health. Send your questions to askthedoctors@mednet.ucla.edu. Owing to the volume of mail, personal replies cannot be provided.

Is boyfriend's correcting behavior a big deal?

DEAR CAROLYN: I'd like your perspective on a certain behavior my new boyfriend is exhibiting that I find very irritating.

I'm not even sure how to describe it, and I would like to have an intelligent conversation with him about it before the behavior becomes ingrained.

Carolyn Hax

First scenario: A friend who was moving offered to give me some furniture, and I asked my boyfriend to come along with me to help. As we were working in her home, she was looking for a certain tool, and before I could even offer to help her, he admonished me in front of everyone there to help her out.

Second scenario: We were riding bikes and I accidentally veered into another biker's lane. My boyfriend asked me to watch out. Then he said, "SORRY," very loudly to the other biker, before I had a chance to say it myself, which I would have done.

I know these seem like little things, but I would've done the right thing without prompting, and need to be given the time and space to do so.

Is he being annoyingly paternalistic? Am I being too sensitive? Am I making a big deal of nothing? – C.

DEAR C.: This is not nothing, and you are not making a big enough deal of it. Yet.

He is treating you as if you're his child or his pupil – and not only that, he's putting on a performance of his superior virtue for bystanders. That's either insufferable in its own right or insufferable with the promise of much worse to come.

Someone who does this to a supposed peer is certainly not guaranteed to be an abuser, but the behavior is consistent with early warnings of controlling tendencies. "The Gift of Fear" by Gavin de Becker is a fast and absorbing read and an eye-opener on these signs.

When controlling people see you accept this dominant behavior from them without significant resistance, then that's an invitation for them to escalate those dominant behaviors, wittingly or un-, to test whether you do in fact have a resistance point.

Abusers also count on their victims to second-guess and censor themselves ("Maybe I'm just being too sensitive ...") out of resisting such control.

But you don't need to get into all this. Instead, you can say, "Stop scolding me, I can act and speak for myself," and see how that flies. See if he course-corrects (doubtful). If his response is anything less than "Sorry, you're right," and never doing it again, then break up.

Or you can just skip to the breakup. That someone regards you and treats you as an equal is the first square on the board of finding a partner or friend. Without that – if someone demeans or embarrasses you, or is paternalistic or maternalistic to you (and you aren't deliberately seeking that trait) – then quit the game on the spot. Utterly your prerogative.

So is breaking up just because you find someone annoying, to the extent you find yourself reaching for the right words to express how annoyed you are, already, when the relationship is still "new."

Seriously.

If these basic acts of self-determination and -protection elude you, if historically you freeze around dominance, then break up *and* consider therapy – to learn to spot the next one from many miles away.

Email Carolyn Hax at tellme@washpost.com, follow her on Facebook at www.facebook.com/carolyn.hax or chat with her online at noon each Friday at www.washingtonpost.com.

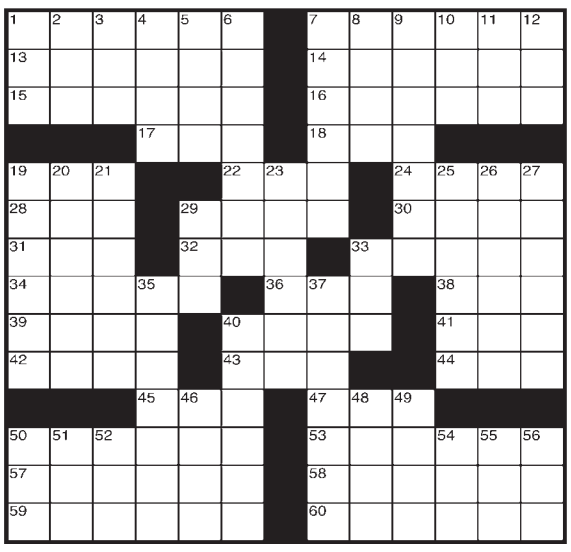
CROSSWORD

ACROSS
1 Worker's dread
7 She played Jessica
13 Manuscript fixer
14 Trusted
15 Try to achieve
16 Stretched to see
17 Stockholm carrier
18 Log-squaring tool (var.)
19 Expert
22 New England catch
24 Debtors' notes
28 Spanish gentleman
29 Certain basketball defense
30 Ocean bird
31 California's Fort —
32 Is, to Fritz
33 Shrimp
34 Sell for
36 Potato st.
38 In addition
39 Overhang
40 During
41 — on the side of caution
42 Multitude
43 Lo- — graphics
44 Forensic science tool
45 Cakelike cookie
47 Work by Keats
50 Fillet
53 Hurry
57 Sidesteps
58 Call for
59 Fridge stick-on
60 Annual

DOWN
1 Grazing area
2 Magazine fillers
3 Small bark
4 Redding or Skinner
5 Roman marketplaces
6 Wall paintings
7 Pinball palace
8 Brain, maybe
9 Window fixer
10 German article
11 Kung fu expert Bruce —
12 Write more
19 Unfired bricks
20 Stock holder
21 Chicory
23 Punctual (2 wds.)
25 Made a speech
26 Brand-new
27 Mexicali matron
29 Quick turn
33 Walk softly
35 Very young
37 Fail to follow orders
40 Detain
46 Before
48 View from an oasis
49 Is, in Segovia
50 River tamer
51 Role for Madonna
52 Entreat
54 La Brea — pits
55 Diamond —
56 Famous English cathedral town

Answer to Previous Puzzle

R	A	N		L	O	O	P		M	A	T	
A	G	A		A	U	R	A		Y	U	R	T
C	U	B		U	R	A	L		N	E	A	R
E	A	S	E	D				B	A	L	M	Y
			P	E	C		M	O	S			
T	U	B	E		O	M	E	N		O	H	M
O	G	E	E		G	A	S			B	E	A
A	L	T			E	D	S		S	O	A	R
D	Y	E		K	N	E	E		W	E	P	T
			S	A	T		S	P	A			
B	R	I	N	Y				E	B	B	E	D
Y	O	D	A		C	O	P	E		R	A	E
A	T	O	P		A	V	E	R		U	T	E
	E	L	S		B	A	G	S		T	S	P



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JUMBLE

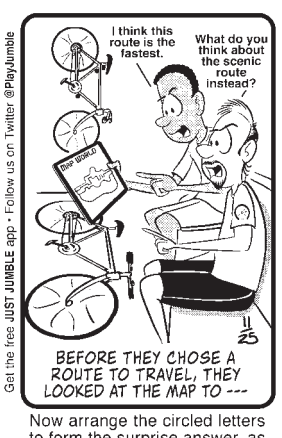
Unscramble these Jumbles, one letter to each square, to form four ordinary words.

BROOT

LIEDY

PNRSIG

KWAANE


I think this route is the fastest.
What do you think about the scenic route instead?
DIP SIGNAL
BEFORE THEY CHOSE A ROUTE TO TRAVEL, THEY LOOKED AT THE MAP TO ---

Get the free JUST JUMBLE app • Follow us on Twitter @PlayJumble

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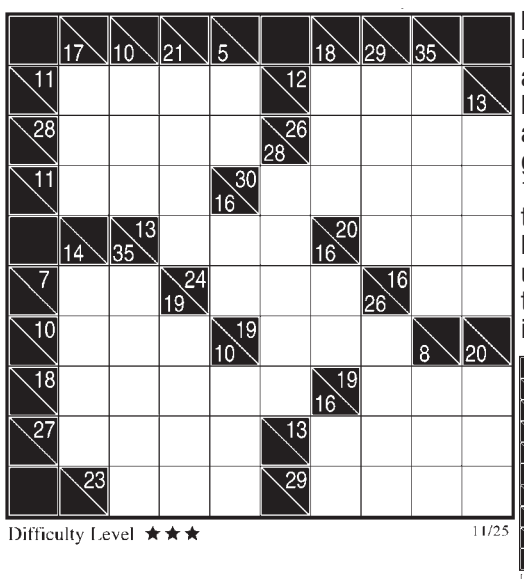
Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

" ( ) ( ) ( ) ( ) " THEIR ( ) ( ) ( ) ( ) ( ) ( ) ( )

(Answers tomorrow)

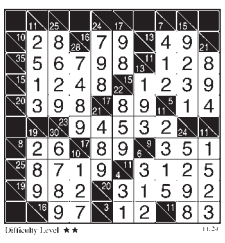
Yesterday's Jumbles: VERGE CATCH SUNSET INDOOR
Answer: The conversation between the architect and general contractor was — CONSTRUCTIVE

KAKURO



Difficulty Level ★★★ 11/25

How to play: Numbers above the slash are across clues; numbers below the slash are down clues. The goal is to enter digits 1-9 in the white cells to add up to the number clues. You cannot use any digit more than once when adding up to a clue.



Difficulty Level ★★ 11/25

BRIDGE

Back in 1968, Eddie Kantar wrote two primers for near beginners: "Introduction to Declarer Play" and "Introduction to Defense." They have just been modernized by Barbara Seagram and published by Master Point Press. She did an admirable job, except I wish she had limited the word "hand" to one containing 13 cards, and used "deal" to refer to all 52 cards.

Today's deal comes from the defense book. How should East-West play to defeat four hearts after West leads the spade ace: four, three, five?

There is no bidding in the book. In particular, to give the defenders a chance, often the declaring side must overbid, as North-South have done here. However, this would not be an uncommon sequence, South bidding game because he thinks they have a double fit.

When on defense with a good player, always look carefully at his or her card at trick one and first discard. Both will be trying to steer you in the right direction.

In this situation, when West leads the ace from ace-king and the queen appears in the dummy, third hand signals high with a doubleton (or a singleton!), or plays low with three or more cards in the suit. Here, East plays the three.

Now West must resist the temptation to cash the spade king. Yes, he would win the trick, but simultaneously he would establish dummy's queen, on which declarer can discard a diamond loser.

Instead, West should shift to the diamond jack, which establishes four winners for the defense: two spades, one diamond and one club.

North 11-25-20
♠ Q 6 4
♥ K Q 9 8
♦ A Q 7
♣ 8 5 4

West
♠ A K 9 8 2
♥ 4 3
♦ J 10 9 8
♣ 7 6

East
♠ 10 7 3
♥ 5 2
♦ K 6 5 2
♣ A J 10 9

South
♠ J 5
♥ A J 10 7 6
♦ 4 3
♣ K Q 3 2

Dealer: North
Vulnerable: Both

South	West	North	East
		1♣	Pass
1♥	Pass	2♥	Pass
4♥	Pass	Pass	Pass

Opening lead: ♠ A

SUDOKU

DIFFICULTY RATING: ★★☆☆☆

7			8			2	6	
			9	6	7	1	5	
6	1			4				9
4	6				9			
3		1		5		7		8
			1				4	6
9				2			1	5
	8	6	7	9	1			
	4	2			6			7

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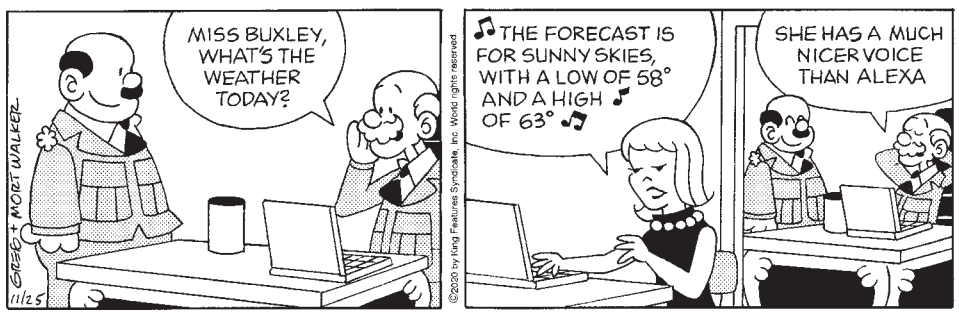
How to play: Complete the grid so that every row, column and 3x3 box contains every digit from 1 to 9.

PREVIOUS SOLUTION

7	3	6	1	8	2	5	9	4
9	1	2	3	5	4	7	8	6
8	5	4	9	6	7	3	1	2
3	9	1	6	4	5	2	7	8
4	6	7	2	1	8	9	3	5
5	2	8	7	9	3	6	4	1
6	4	5	8	7	9	1	2	3
2	8	9	5	3	1	4	6	7
1	7	3	4	2	6	8	5	9

BEETLE BAILEY


MISS BUXLEY, WHAT'S THE WEATHER TODAY?
THE FORECAST IS FOR SUNNY SKIES, WITH A LOW OF 58° AND A HIGH OF 63°
SHE HAS A MUCH NICER VOICE THAN ALEXA
GREG + MORT WALKER
11/25
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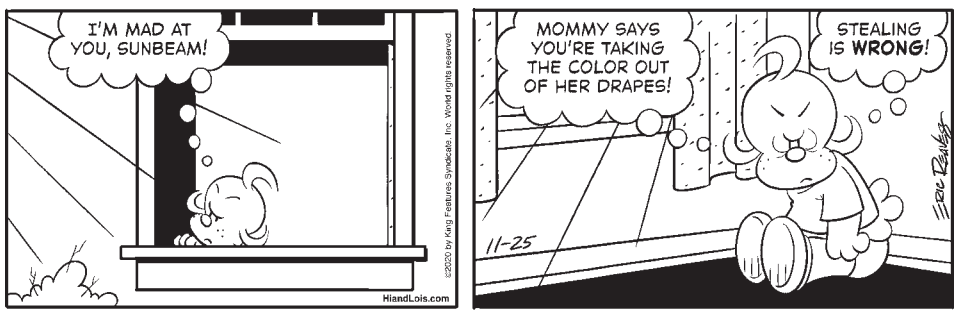
BLONDIE

NICE THANKSGIVING TREE, MR. B.
THANKS! I LOVE GETTING IN THE SPIRIT AND DECORATING WITH DRUMSTICKS
WHAT'S NEXT...A THANKSGIVING DESSERT TREE?
GOOD ONE!
I CAN'T BELIEVE MR. B'S GETTING A DESSERT TREE
I KNOW, IT'S AWESOME
HI, AMAZON! ONE HOUR DELIVERY IS PERFECT!
11-25
© 2020 by King Features Syndicate, Inc. World Rights reserved
www.Blondie.com

HI & LOIS


I'M MAD AT YOU, SUNBEAM!
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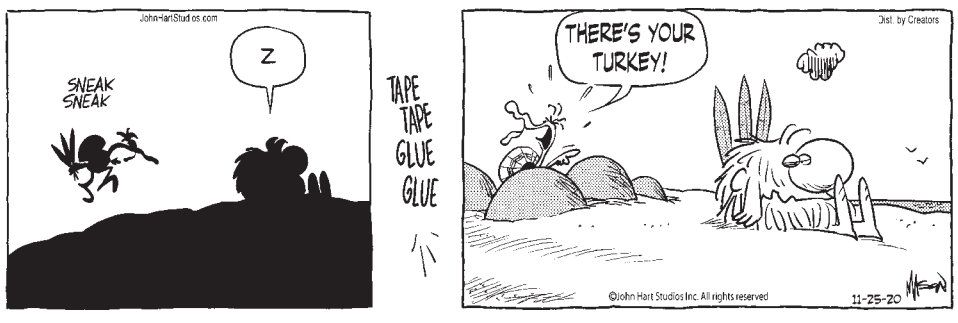
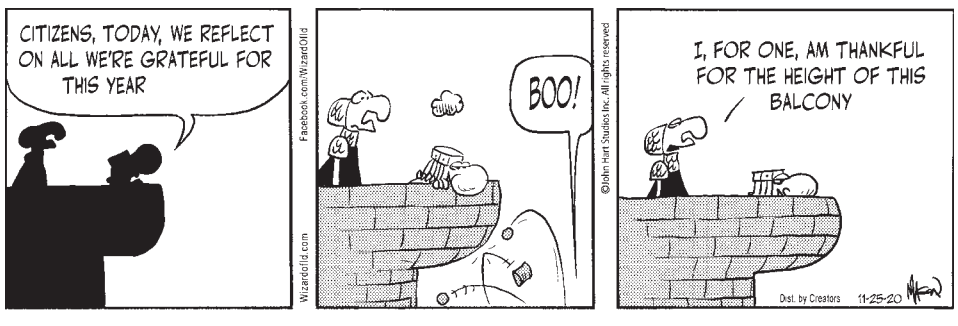
HiandLois.com
MOMMY SAYS YOU'RE TAKING THE COLOR OUT OF HER DRAPES!
STEALING IS WRONG!
11-25

BC



WIZARD OF ID


CITIZENS, TODAY, WE REFLECT ON ALL WE'RE GRATEFUL FOR THIS YEAR
Facebook.com/WizardOfId
Wizardofid.com
BOO!
I, FOR ONE, AM THANKFUL FOR THE HEIGHT OF THIS BALCONY
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11-25-20

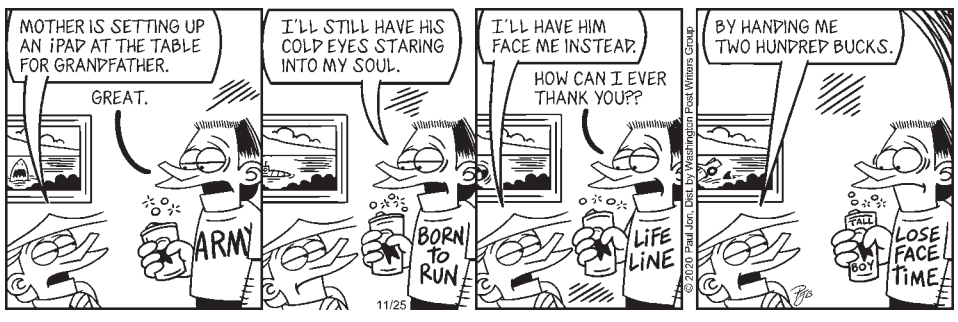
DILBERT

ALL OF OUR RETAIL LOCATIONS WERE DESTROYED BY PROTESTERS LAST NIGHT.
DILBERT.COM
@SCOTTADAMSSAYS
WHY DO THEY HATE US?
THEY DON'T HATE US. WE DONATE TO THEIR CAUSE.
11-25-20 2020 Scott Adams, Inc./Dist. by Andrews McMeel
AM I MISSING SOME CONTEXT?
YOU SHOULD SEE WHAT THEY DO TO THE PEOPLE THEY DON'T LIKE.

GARFIELD

SLOSH SLOSH SLOSH
SLOSH SLOSH SLOSH
© 2020 PAWS, INC. All Rights Reserved.
WE'RE OUT OF ORANGE JUICE, GRAPE SODA, MILK, COFFEE AND BOTTLED WATER
YOU'RE DISGUSTING
OSH OSH OSH
Distributed by Andrews McMeel Syndication
JIM DAVIS 11-25

FORT KNOX


MOTHER IS SETTING UP AN iPAD AT THE TABLE FOR GRANDFATHER.
GREAT.
I'LL STILL HAVE HIS COLD EYES STARING INTO MY SOUL.
I'LL HAVE HIM FACE ME INSTEAD.
HOW CAN I EVER THANK YOU??
BY HANDING ME TWO HUNDRED BUCKS.
ARMY
BORN TO RUN
LIFE LINE
FALL BOY
LOSE FACE TIME
11/25
© 2020 Paul Jon. Dist. by Washington Post Writers Group

PICKLES

WHAT'S THE BIG IDEA WEARING MY GLASSES, NELSON?
I THOUGHT IT'D MAKE ME BE MORE LIKE YOU.
HOW DID IT GO?
THEY JUST MADE ME DIZZY AND CONFUSED.
AH. IT SOUNDS LIKE IT WORKED.
11/25
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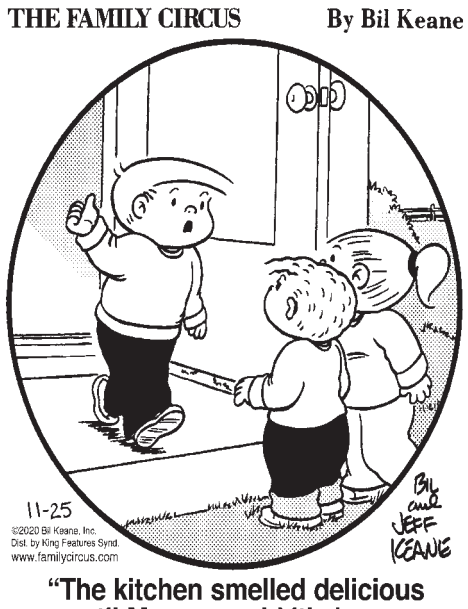
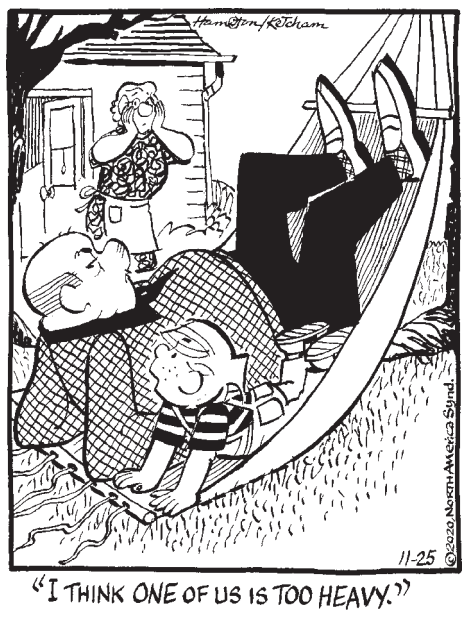
FAMILY CIRCUS



"The kitchen smelled delicious until Mommy said it's 'cause she's cookin' beets."

DENNIS THE MENACE



"I THINK ONE OF US IS TOO HEAVY."

BABY BLUES

WHOA! NEED ANY HELP?
YES, PLEASE!
CHOP THE ONIONS, OPEN THE CRANBERRIES, PEEL THE POTATOES, AND SEE IF THE TURKEY IS THAWED
DON'T YOU KNOW A HOLLOW GESTURE WHEN YOU HEAR ONE?
MOVE! MOVE!
DIST. BY KING FEATURES SYNDICATE 11-25
©2020 BABY BLUES BIRDS LLC

CURTIS

THANKSGIVING WON'T BE THE SAME WITHOUT OUR COUSINS THIS YEAR
I'LL MISS US COMING TOGETHER AND JUST BEING FAMILY-ONE BIG FAMILY!
BUT WHAT I'LL MISS ESPECIALLY WILL BE THE ARGUMENTS, NITPICKING AND SHADY COMMENTS
SOMETHING TO LOOK FORWARD TO NEXT YEAR, CURTIS
11-25
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ZITS

MOM! DAD! ACCORDIONS??
IT WASN'T SERIOUS!
WE WERE YOUNG AND JUST EXPERIMENTING!
A COUPLE OF LESSONS AND THAT WAS IT!
YOU BOTH KNOW THAT THE ACCORDION IS A GATEWAY INSTRUMENT.
THERE WAS NO POLKA! WE SWEAR!
11-25
SCOTT and BORGMAN
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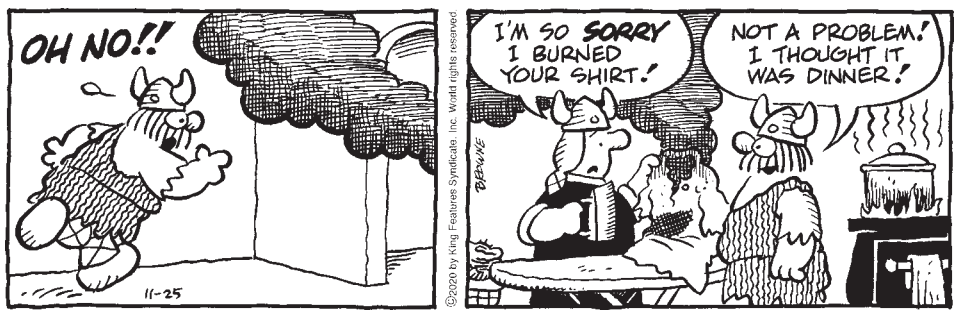
zitscomics.com

HAGAR THE HORRIBLE


OH NO!!
11-25
I'M SO SORRY I BURNED YOUR SHIRT!
NOT A PROBLEM! I THOUGHT IT WAS DINNER!
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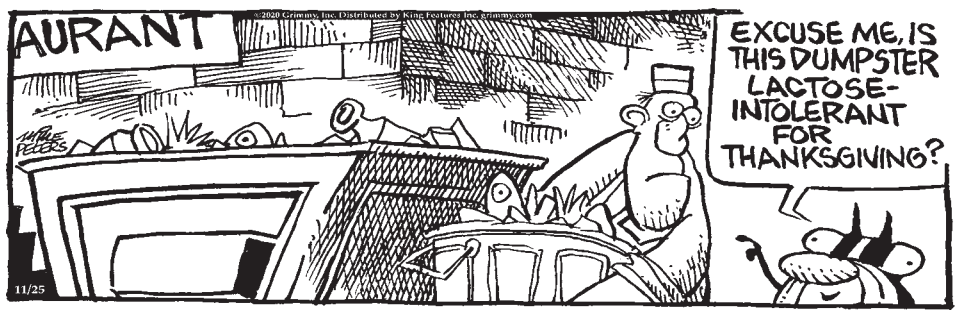
MOTHER GOOSE & GRIMM


AURANT
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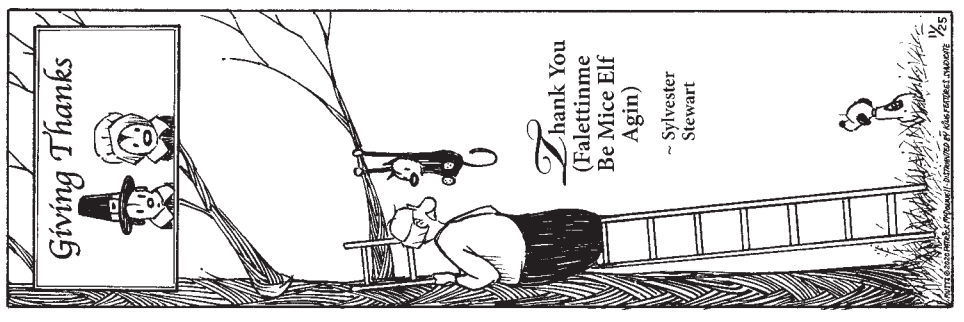
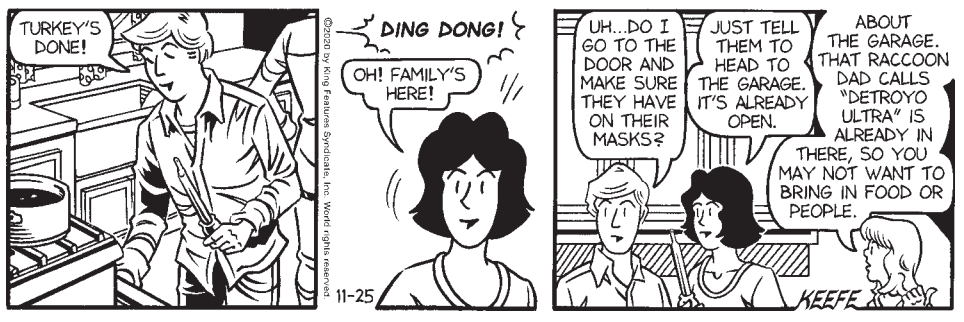
EXCUSE ME, IS THIS DUMPSTER LACTOSE-INTOLERANT FOR THANKSGIVING?
11/25

MUTTS


Giving Thanks
Thank You (Falettinme Be Mice Elf Agin)
~ Sylvester Stewart
11/25
©2020 MUTTS, PRODUCED BY Mike RICHTER AND PATRICIA MOORE

SALLY FORTH


TURKEY'S DONE!
DING DONG!
OH! FAMILY'S HERE!
11-25
©2020 by King Features Syndicate, Inc. World rights reserved.
UH...DO I GO TO THE DOOR AND MAKE SURE THEY HAVE ON THEIR MASKS?
JUST TELL THEM TO HEAD TO THE GARAGE. IT'S ALREADY OPEN.
ABOUT THE GARAGE. THAT RACCOON DAD CALLS "DETROYO ULTRA" IS ALREADY IN THERE, SO YOU MAY NOT WANT TO BRING IN FOOD OR PEOPLE.
KEEFE

The Herald-Palladium

DON'T MISS

THIS WEEKEND'S ISSUE

Included in this Saturday's edition

Parade
SUNDAY, NOVEMBER 29, 2020 | PARADE.COM
Plus
TURKEY FRIED RICE, P. 8
CLOSE UP
Actress Glenn Close on her new life in Montana, her three marriages and playing a grandma in Hillbilly Elegy

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(Near I-94 Exit 4)

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EMPLOYMENT

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NOW HIRING - Woodland Terrace in Coloma is seeking to hire the right candidate's to care for our elderly population. Position's available are 7:00 AM - 3:00 PM and 4:15 PM - 9:00 PM.
Certification not required - Will train
Apply within at 6786 Red Arrow Hwy, Coloma, MI 49038
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St. Joseph, MI
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MEDICAL/DENTAL

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GENERAL HELP

New Carlisle, IN
Marbach-Palm, Inc. Now Hiring Full Time Land Surveying Field Technician in New Carlisle, IN. For more information, job qualifications, and to submit your application please visit www.marbach.us

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Trade Lines

Tradeline home delivery routes opening (once a week delivery). Please contact Julie Simpleman to apply 269-429-1877

1. Baroda - Linco to West Hinchman and East, as far as Hollywood Rd. $75.00/2weeks

2. Benton Harbor - Meadowbrook/Sodus Parkway area to E. Empire and East, as far as M140 $240/2weeks

3. Berrien Springs - Area off of Old 31/M 139 - John Beers Rd to East Lemon Creek and West, as far as Hollywood Rd. $270/2 weeks

GENERAL HELP

The City of South Haven is seeking a Senior Equipment Operator in our Water/Sewer division. Individuals with one or more years of experience in the operation of power-driven equipment, including pay loader, snowplow, street sweeper, backhoe and other equipment are encouraged to apply. Must have good driving record, high school diploma or equivalent, possess valid Michigan driver's license and be able to obtain a CDL within 9 months of hire. To view full job posting and apply, go to southhavenmi.gov/human_resources. Deadline for application is Dec 18. EOE

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Benton Harbor, MI
3 Pillars Music is looking to buy record albums from 1970s to present, older guitars and comic books.
Please contact Tom at 269-313-7001 or 3pillarsmusic@gmail.com

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If you wish to reply to a box number and NOT have your letter sent to certain firms, then: B) attach a note listing which firms are NOT to receive your letter; and (C) send every thing in ANOTHER ENVELOPE addressed as follows:

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Classified Department
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St. Joseph, MI
49085-0128

If the advertiser is among the names you don't want to contact, we will destroy your sealed letter.

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You may also reply to ads with Herald-Palladium box numbers by e-mail. Do not attach your resume rather type it or copy & paste it directly into your e-mail program. Send your e-mail to: jobs@heraldpalladium.com

If you wish to reply to a box number and NOT have your letter sent to certain firms, then begin your e-mail with any company(s) where you do not wish to apply. Then include the Herald-Palladium box address as shown above.

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To protect our readers, Herald-Palladium policy requires that all companies list their names when placing ads in our publication. Employment advertisers who wish to remain anonymous must rent Herald-Palladium boxes so that we can insure our readers that they are not responding to their current employers or any other company to which they do not wish to apply.

Box Charges

Boxes are reserved for 30 days after last day of ad publication. The charge is:
$10. per box- you pick-up responses.
$15. per box - We fax all responses to you on a daily basis.
$25. per box- We mail responses to you once per week.
When readers respond to your ad via e-mail, we will forward them to you immediately if you provide us with an e-mail address or we will print and handle them in the manner that you request.

The Herald-Palladium

HOROSCOPE

By EUGENIA LAST

WEDNESDAY, NOVEMBER 25

Get ready to push forward. Greater opportunities are heading your way. If you take care of unfinished business, you'll find it easier to pursue your goals. A cash infusion will come to you from an unexpected or unusual source.

SAGITTARIUS (Nov. 23-Dec. 21) Set up an area at home conducive to achieving your goals. Whether you are working on fitness, learning something new or expanding your interests, an allotted space will encourage success.

CAPRICORN (Dec. 22-Jan. 19) Keep your opinions to yourself to avoid getting into a debate with a friend, peer or family member. Spend your time making positive changes. Personal growth and physical fitness are favored.

AQUARIUS (Jan. 20-Feb. 19) Pour your energy into getting ahead. Send out resumes, upgrade your skills or make professional or lifestyle changes. Take control of your life, and learn the lessons of the past.

PISCES (Feb. 20-March 20) Spend more time sorting through documents, legal paperwork, contracts or financial investments. Once you know where you stand, you'll be able to make positive changes. Take better care of yourself.

ARIES (March 21-April 19) Put everything in perspective and follow the path that suits you best. Offering equality and appreciation will help you get what you want. A contractual or legal matter will be beneficial.

TAURUS (April 20-May 20) Spend less time worrying about what others are doing and more time working toward your goals. Anger will not be helpful. It's up to you to bring about the changes required for you to excel.

GEMINI (May 21-June 20) Being mysterious will be to your advantage. Don't put yourself in a vulnerable or risky position. If you keep your opinions and intentions to yourself, you'll accomplish what you set out to do.

CANCER (June 21-July 22) Spend more time developing your ideas and focusing on what will help your financial situation. Argument will be a waste of time. Thinking ahead will lead to positive results.

LEO (July 23-Aug. 22) Don't feel you that you must agree with someone who is making decisions you don't like. Do your own thing, and concentrate on honing and updating your skills. Be energetic and enthusiastic in all things.

VIRGO (Aug. 23-Sept. 22) A change of scenery will help stimulate your mind. You will get a tip on how best to use your skills to keep up with the latest trends and economic climate. Romance is favored.

LIBRA (Sept. 23-Oct. 23) Refuse to let anyone drag you down. An energetic approach to life, love and happiness will pay off. Embrace the future with an open mind. You will discover a new way to use your skills.

SCORPIO (Oct. 24-Nov. 22) Make personal changes that will improve your life. Researching alternatives will help you make a better decision about where you want to live and how you want to spend your time.

BUSINESS & SERVICE GUIDE

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MEDICAL PEOPLE

Southwestern Medical Clinic welcomes new PA

ST. JOSEPH — Spectrum Health Lakeland recently added Katie Rozek, PA, to its care team at Southwestern Medical Clinic Surgical Specialists.

ROZEK

She is seeing patients alongside general surgeons Drs. Craig Kline, Michael Webb and Roy Winslow, and nurse practitioner Jessica Schulte at 3950 Hollywood Road, Suite 100.

Rozek earned a master's degree in physician assistant studies from Grand Valley State University. Prior to joining the practice, she served as a hospitalist, caring for patients who were admitted at Lakeland Medical Center, St. Joseph.

For more information about Lakeland General Surgery, or to schedule an appointment, visit lakeland generalsurgery.com.

Items for Medical People can be emailed to focus@TheHP.com.

BLOOD DRIVES

American Red Cross

■ Noon-5:45 p.m. Friday, Hartford Bible Church, 65418 Red Arrow Highway, Hartford.

■ 11 a.m.-3:45 p.m. Monday, The Anchor Church of God, 5020 Cleveland Ave., Stevensville.

■ 11 a.m.-4:45 p.m. Dec. 2, Silver Beach Center, 333 Broad St., St. Joseph.

Versiti Blood Center of Michigan

■ Noon-7 p.m. today, Versiti Blood Center of Michigan, 2710 Cleveland Ave., St. Joseph.

■ 7 a.m.-1 p.m. Saturday, Versiti Blood Center of Michigan, 2710 Cleveland Ave., St. Joseph.

■ 7 a.m.-1 p.m. Sunday, Versiti Blood Center of Michigan, 2710 Cleveland Ave., St. Joseph.

■ 2-7 p.m. Tuesday, St. John's Lutheran Church, community life center, 9193 Cleveland Ave., Baroda.

■ Noon-7 p.m. Dec. 2, Versiti Blood Center of Michigan, 2710 Cleveland Ave., St. Joseph.

Donors must be at least 17 years old and weigh at least 110 pounds. To find more drives, visit www.redcrossblood.org or donate.michigan.versiti.org/donor/schedules/zip.

Talking vegan dishes with Gretchen Davis

Jane Ammeson

When Gretchen Davis started selling her vegan products at the St. Joseph farmers market in 2008, it was on Broad Street, not the bluff overlooking the lake, and fewer people were familiar with vegetarian and vegan foods.

"But there was a great deal of interest by many of the shoppers, and I was lucky to have found that niche," says Davis, who owned Tootie & Dreamer's, a natural foods restaurant in downtown St. Joseph.

Besides buying her hummus, guacamole, salsa, spice blends and herbal vinegars, customers also liked her vegan cheese products, particularly her Cheeze, a cashew-based cream cheese.

"Most cheeze makers use nuts as their bases," Davis says. "I like cashews as they have what is called an umami taste, often described as a meaty, broth-like or savory taste. Sometimes, to change things up, I also use almonds, sunflower seeds, pecans and macadamia nuts. Each nut or seed lends its own flavors. I do, from time to time, lightly roast some of the nuts and seeds, but most times the recipes call for the nuts to be used raw, so the final product turns our smooth and creamy."

The rising popularity of the vegan products Davis makes parallels what is going on in the country. More people are cutting back on meat because of health issues, animal welfare concerns and worries about climate change.

According to a study released earlier this year by Ipsos Retail Performance, during the last 15 years there's been a 300 percent increase in Americans who eat plant-based food (PBF).

About 3 percent, or about 9.7 million people, follow a vegetarian-based diet. That's not a huge number, but it's trending up at a rapid rate, and the numbers are even higher when you consider that many – an estimated 20 percent – consider themselves to be flexinarians, those who follow a plant-based diet but indulge in a burger or steak occasionally.

Grocery stores and food manufacturers are responding. Supermarket News reports that plant-based food sales climbed five times faster than overall U.S. retail food sales, which rose 2.2 percent in 2019.

Vegan diets are reportedly higher in fiber and various vitamins and minerals than omnivorous diets, and may also contribute to optimal gut and digestive health.

In his cookbook, "Plants-Only Kitchen: Over 70 Delicious, Super Simple, Powerful & Protein-Packed Recipes for Busy People," Gaz Oakley presents recipes he's developed for a variety of diets.

They feature helpful symbols defining whether the recipes are high-protein; are, or can be made, gluten-free; are Gaz's 15 MinuteMeals, one-pot meals, good for batch cooking or are Meal Prep Stars.

"Vegan and vegetarian dishes can be tasty, which I think a lot of people don't know," says Davis, who shares her Vegan Salsa Con Queso recipe. "It's a warm cheeze dip that is quick and easy to prepare that's also plant-based and uses fresh vegetables and Tex-Mex spices, and can be used as a sauce for nachos and for casserole in such dishes as macaroni and cheese. It's gluten-free, dairy-free, low-carb, grain-free and is a Paleo option. I hope people will try it and see how good it can be."

Photo provided

French Onion Soup is featured in "Plants-Only Kitchen" by Gaz Oakley.

Gretchen Davis' Vegan Salsa Con Queso

3 large potatoes, peeled
3 cups baby carrots
3 cups cauliflower florets
3/4 cup olive oil, or avocado oil
3 tablespoons lemon juice
2 cups canned, diced tomatoes with green chilies
18 tablespoons nutritional yeast
3 teaspoons garlic powder
3/4 teaspoon onion powder
3 teaspoons sea salt, or Himalayan salt
1 1/2 tablespoons chili powder, or less if desired

The vegetables can be cooked in the microwave until soft, or roasted on a sheet pan in the oven at 350 degrees for about 35 to 40 minutes. Sprinkle with olive oil when roasting, and stir vegetables several times while cooking.

Place vegetables and oil in food processor, and blend until combined.

Add lemon juice and canned tomatoes, and blend again until combined.

Add nutritional yeast, remaining spices and chili powder. Blend on high until a creamy cheese texture is formed (it should look like melted cheese).

Pour the mixture into a large bowl, and serve with an arrangement of veggies or gluten-free tortilla chips.

Keep leftovers well sealed in the refrigerator for up to 5 days.

Gretchen Davis' Vegan Parmesan Casheez Sprinkles

2 cups raw, unsalted cashews
8 tablespoons nutritional yeast
2 teaspoons garlic powder
1-2 teaspoons sea salt, or Himalayan salt

Add all ingredients into a food processor or powerful blender, then pulse and blend the ingredients until mixed well and the ingredients have the appearance of sprinkles.

Place the vegan Parmesan into air-tight containers and refrigerate. It should keep for 7-10 days.

French Onion Soup

Makes 4 servings.

2 tablespoons vegan margarine
2 tablespoons olive oil
4 banana shallots, halved then finely sliced
3 large white onions, halved then finely sliced
2 red onions, halved then finely sliced
3 teaspoons sea salt
Black pepper
1 tablespoons fresh thyme leaves, plus extra for serving
2 teaspoons dried sage
1 tablespoon plain (all-purpose) flour, or gluten-free flour
240 mL vegan-friendly dry white wine
1 shot brandy
1 liter hot vegetable stock
1 bay leaf
1 rosemary sprig
4-6 slices French baguette (day-old bread works best)
1 garlic clove
Grated vegan cheese

Place a large heavy-bottomed saucepan over a low heat, then add the margarine and olive oil.

When hot, add the shallots, onions, salt, pepper, thyme and sage. Allow the onions to sweat down and caramelize, approximately 15-20 minutes.

When the onions are golden, add the flour, and stir well to coat the onions. Cook out the flour for a minute or so before deglazing the pan with the white wine and the brandy. Bring the liquid to a boil before adding the hot vegetable stock, bay leaf and rosemary.

Place a lid on the pan and let the soup cook for 15-20 minutes.

Heat your broiler to high. Toast your slices of baguette.

Cut the garlic clove in half, and rub the cut side on each side of the slices of toasted bread.

Remove the bay leaf and rosemary sprig, then ladle the soup into your serving bowls and float a slice or two of toasted baguette on the surface of the soup in each bowl. Top each slice of baguette with a handful of the grated vegan cheese.

Place your bowls onto a flat baking sheet, then place each one under the broiler for 2 minutes.

Once the cheese has melted and is golden, sprinkle over a few fresh thyme leaves, grind over some black pepper, and serve.

– Recipe from "Plants-Only Kitchen"

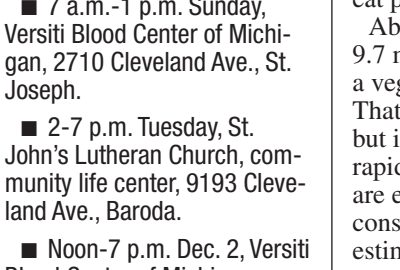
Jane Ammeson can be contacted via email at janeammeson@gmail.com or by writing to Focus, The Herald-Palladium, P.O. Box 128, St. Joseph, MI 49085.

BREAKFASTS AND BANQUETS

Burgers: American Legion Post 518, 4789 Weechik Road, New Troy, will have a hamburger night from 5-8 p.m. today. Cost is $5 for a burger, fries and salad. Cost is $6.50 for a burger, onion rings and salad. All orders are carryout. Order upon arrival, or call ahead at 426-3542.

Breakfasts and Banquets appears on Wednesdays. The deadline is the preceding Wednesday at noon. Civic groups sponsoring meals, classes or food-related events should send info in writing to: The Herald-Palladium, P.O. Box 128, St. Joseph, MI 49085; or email focus@TheHP.com.

Roger's 2 Day Sale!
Friday, November 27 & Saturday, November 28



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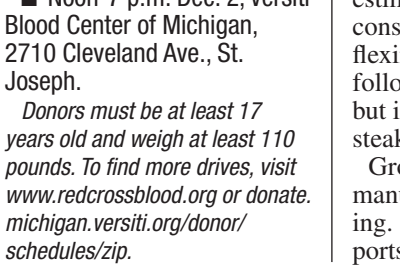

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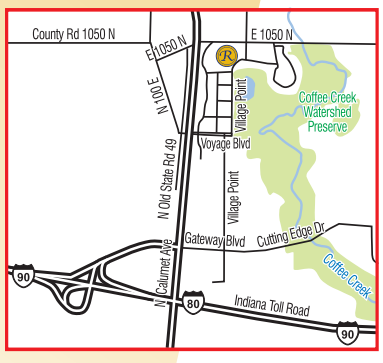

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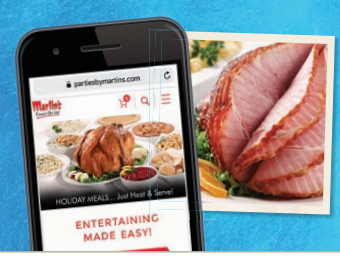

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